



## **WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL!**

*A parish of the UOC-USA and the Ecumenical Patriarchate*  
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |  
[www.StMichaelUOC.org](http://www.StMichaelUOC.org) | Fr. Borislav Kroner

*“Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver.” - II Cor. 9:7*

**December 8, 2019**

### **SERVICE SCHEDULE**

**St. Philip/Nativity Fast: Nov. 28 through Jan. 6**

**Sunday, Dec. 8th – 25th Sunday after Pentecost**

**Tone 8 / Epistle: Eph. 4:1-6; Gospel: Lk. 13:10-17**

**9:00AM** Obidna/Typica, Father is at St. Andrew's for their Feast Day

#### **Weekday Scripture Readings:**

**Mon, Dec. 9:** Epistle: 1 Tim. 1:1-7; Gospel: Lk. 19:37-44

**Tue., Dec. 10:** Epistle: 1 Tim. 1:8-14; Gospel: Lk. 19:45-48

**Wed., Dec. 11:** Epistle: 1 Tim. 1:18-20, 2:8-15; Gospel: Lk. 20:1-8

**Thurs., Dec. 12:** Epistle: 1 Tim. 3:1-13; Gospel: Lk. 20:9-18

**Fri., Dec. 13:** Epistle: 1 Tim. 4:4-8, 16; Gospel: Lk. 20:19-26

**Sat., Dec. 14:** Epistle: Gal. 3:8-12; Gospel: Lk. 12:32-40

**6:00PM** Reader's Vespers, Father is away this evening

**Sunday, Dec. 15th – 26th Sunday after Pentecost**

**Tone 1/ Epistle: Eph. 5:8-19; Gospel: Lk. 18:18-27**

**9:00AM** Divine Liturgy

*Remember: even when you are absent, expenses continue.*

## **PARISH NEWS**

**--A HEARTY WELCOME** to our guests and visitors. Please sign our Guest Book, and include either your mailing &/or email address, so we can keep you informed of parish events and be sure to join us in the church hall after the Divine Liturgy for coffee and fellowship.

**--WE EXTEND BIRTHDAY GREETINGS:** to Janice Meschisen (Dec. 2), and Ian Eichorn (Dec. 5) grant you all Many, Happy Years. Многая літа.

**--From Fr. Borislav & Joe Cherkes:** In the event of inclement weather, parish services and events will be canceled, if the city of Woonsocket declares a No Parking ban. The safety of our parishioners and guests are too important.

**--PLEASE CONSIDER,** extending a helping hand to assist the clean-up after our coffee hours on Sunday. **Thank you!**

**--FROM PANI MARY ANN CHERKAS:** All those who would be interested in attending a potluck Holy Supper, in the Church Hall, after Great Compline on Jan. 6th, please contact me ASAP. 401-470-6591 or [cherkaspaul@gmail.com](mailto:cherkaspaul@gmail.com) Also, those who would like to contribute gifts to CHRISTMAS AT THE SEMINARY can check the poster on the bulletin board in the church hall for gift ideas. Gifts must be in no later than Dec. 15th. **Thank You!**

**--COOKIE WALK REQUEST:** When packing your cookies for our walk, please: **1)** Line your tray with waxed paper. **2)** Please place your cookies in the tray do that the tray is facing the side way. We can place two trays front to back on the tables this way. **Thank You!**

**--FOR OUR COOKIE WALK THIS YEAR,** our penny social table will be GIFT CARDS ONLY due to space constraints. Please consider buying yours from our Scrip program!! See Val Sternadore! ([valiaws@yahoo.com](mailto:valiaws@yahoo.com)).

**--WE WILL BE COLLECTING** items for the New Beginnings Soup Kitchen. The list of items Here is a partial list of items for the stuff a bus: Boxed stuffing mix, Instant rice, 1 lb bags of rice, Instant mashed potatoes, Cranberry sauce, Olives, Canned sweet potatoes, Tuna, Mayo, 9 inch styrofoam plates, 6 inch styrofoam plates, Heavy duty plastic forks, spoons, knives, Napkins, 6oz or 8 oz styrofoam cups, Heavy duty foil/ heavy duty plastic wrap (BJ's brand is good), Sterno, Hand/ eet warmers, Socks, Gloves- winter, Hats- winter, Toiletries- shampoo/ conditioner/ deodorant/toothpaste/ body wash/ lotion, Tissues - pocket packs Hand sanitizer. **FINAL COLLECTION DATE TBD.** **Thank you!**

**--WINE GLASS PAINTING** The two wine glass painting classes scheduled for Wednesday December 4 and the public evening class for Tuesday February 4, have been postponed until Spring. Watch your bulletin for new dates!! **Thank you!**

**--PLEASE CONSIDER OUR SCRIP PROGRAM** for gift cards and it's an excellent way for the church to benefit from your gift card purchases!! Remember, they can be used for everyday purchases. They can also be used to buy gifts for others, and to donate to our upcoming festival as a raffle item or to the kitchen/bar (grocery cards...). Also, you can get in touch with Val and she can send you an invitation to do your Scrip orders online. Its very simple. **Next Scrip date is: TODAY, Dec. 8.** If Val should not be available on any of these days, please give your orders to Fr. Vasyl and he'll pass them on to Val. Any questions, please see or email Val Sternadore ([valiaws@yahoo.com](mailto:valiaws@yahoo.com)).

## **KITCHEN WORK SESSIONS**

**Wed., Dec. 18,** 7:30am fry 3 batches of perohé

## **UPCOMING PARISH EVENTS**

**\* \* Every 1st. Sunday of the month is Ukrainian Sunday, when a majority of the Divine Liturgy is sung in Ukrainian, also, we celebrate the Rite of Confession, before the Divine Liturgy at 8:45AM.**

**\* \* Every last Saturday of the month is Father Borislav's class on different theological topics, right after Vespers, in the nave of the church.**

**\* \* Every last Sunday of the month is Father Borislav's "15 mins with Father", a talk aimed at our youth of St. Michael's, in the church nave, after the Divine Liturgy. "CHILDREN" OF ALL AGES ARE WELCOME.**

**Wednesday, December 18 – Parish Board Meeting @ 6:30PM**

**Saturday, December 21 – Cookie Walk**

**Sunday, December 22 – St. Nicholas Day Program**

## **GUIDELINES FOR THE NATIVITY / ST. PHILIP'S FAST**

***(November 28 through January 6)***

The Nativity Fast is a *joyous* fast in anticipation of the Nativity of Christ. That is the reason it is less strict than other fasting periods. The fast is divided into two periods.

***The 1st period is November 28th through January 1st*** when the traditional fasting discipline (no meat, dairy, fish, wine, and oil) is observed. There is dispensation given for wine and oil on Tuesdays and Thursdays. Similarly, fish, wine, and oil are permitted on Saturdays and Sundays.

***The 2nd period is January 2nd through January 6th*** when the traditional fasting discipline (no meat, dairy, fish, wine, and oil) is observed. There is dispensation given for wine and oil only on Saturday and Sunday during this period.

## **The Purpose of Fasting**

The purpose of fasting is to focus on the things that are above, the Kingdom of God. It is a means of putting on virtue in reality, here and now. Through it we are freed from dependence on worldly things. We fast faithfully and in secret, not judging others, and not holding ourselves up as an example.

- Fasting in itself is not a means of pleasing God. Fasting is not a punishment for our sins. Nor is fasting a means of suffering and pain to be undertaken as some kind of atonement. Christ already redeemed us on His Cross. Salvation is a gift from God that is not bought by our hunger or thirst.
- We fast to be delivered from carnal passions so that God's gift of Salvation may bear fruit in us.
- We fast and turn our eyes toward God in His Holy Church. Fasting and prayer go together.
- Fasting is not irrelevant. Fasting is not obsolete, and it is not something for someone else. Fasting is from God, for us, right here and right now.
- Most of all, we should not devour each other. We ask God to "set a watch and keep the door of our lips."

## **Do Not Fast**

- if you are pregnant or nursing a newborn;
- during serious illness;
- without prayer;
- without alms-giving;
- according to your own will without guidance from your spiritual father.
- between *January 7 and January 17* (even on Wednesdays and Fridays).



ST. ANDREW  
THE FIRST APOSTLE