

WELCOME TO THE GOD-LODING 8. GOD-PROTECTED PARISH OF ST. MICHAEL'S!

A parish of the UOC-USA and the Ecumenical Patriarchate
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |
www.StMichaelUOC.org | Fr. Borislav Kroner

"Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver." - II Cor. 9:7

March 10, 2024

SERVICE SCHEDULE

Sunday, Mar. 10: Meatfare Sunday, Sunday of the Last Judgment. /

St. Porphyrius, bishop of Gaza

Tone 7 / Epistle: 1 Cor. 8:8-9:2; Gospel: Matt. 25:31-46

9:00AM Divine Liturgy of – Live video broadcast on our Facebook

page: https://www.facebook.com/StMichaelUOC/

LAST DAY TO EAT MEAT UNTIL PASCHA

WEEKDAY SCRIPTURE READINGS

Mon., Mar. 11: St. Titus the Soldier, monk of the Kyiv Caves Epistle: 3 John 1:1-15; Gospel: Luke 19:29-40; 22:7-39

Tues, Mar. 12: St. Basil the Confessor

Epistle: Jude 1:1-10; Gospel: Luke 22:39-42, 45-23:1

Wed., Mar. 13: Ven. Cassian the Roman, abbot - STRICT FAST

6 Hour: Joel 2:12-26; Vesp.: Joel 3:12-21 Thur, Mar. 14: Martyr Eudocia of Heliopolis

Epistle: Jude 1:11-25; Gospel: Lk. 23:1-34, 44-56

7:00PM Akathist to the Mother of God, Healer of Cancer,

followed by Adult Ed

Fri., Mar. 15: Hieromartyr Theodotus, bishop of Cyrenia - STRICT

FAST

6th Hour: Zech. 8:7-17; Vesp.: Zech. 8:19-23

Sat., Mar. 16: All of the venerable fathers, lit up with great deeds /

Martyrs Eutropius, Cleonicus and Basiliscus

Epistle: Romans 14:19-26; Gospel: Matthew 6:1-13

Sunday, Mar. 17: Cheesefare Sunday, Sunday of the Expulsion of Adam from the Paradise of Bliss / St. Gerasimus of the Jordan

Tone 8 / Epistle: Romans 13:11-14:4; Gospel: Matt. 6:14-21

9:00AM Divine Liturgy of – Live video broadcast on our Facebook

page: https://www.facebook.com/StMichaelUOC/

LAST DAY TO EAT DAIRY PRODUCTS UNTIL PASCHA

Remember: even when you are absent, expenses continue

SCRIPTURE READINGS: SUNDAY, MAR. 10, 2024

1 Corinthians 8:8-9:2 (Epistle)

Brethen, food does not commend us to God; for neither if we eat are we the better, nor if we do not eat are we the worse. But beware lest somehow this liberty of yours become a [a]stumbling block to those who are weak. For if anyone sees you who have knowledge eating in an idol's temple, will not the conscience of him who is weak be emboldened to eat those things offered to idols? And because of your knowledge shall the weak brother perish, for whom Christ died? But when you thus sin against the brethren, and wound their weak conscience, you sin against Christ. Therefore, if food makes my brother stumble, I will never again eat meat, lest I make my brother stumble. Am I not an apostle? Am I not free? Have I not seen Jesus Christ our Lord? Are you not my work in the Lord? If I am not an apostle to others, yet doubtless I am to you. For you are the seal of my apostleship in the Lord.

Matthew 25:31-46 (*Gospel*)

The Lord said, "When the Son of Man comes in His glory, and all the holy angels with Him, then He will sit on the throne of His glory. All the nations will be gathered before Him, and He will separate them one from another, as a shepherd divides his sheep from the goats. And He will set the sheep on His right hand, but the goats on the left. Then the King will say to those on His right hand, 'Come, you blessed of My Father, inherit the kingdom prepared for you from the foundation of the world: for I was hungry and you gave Me food; I was thirsty and you gave Me drink; I was a stranger and you took Me in; I was naked and you clothed Me; I was sick and you visited Me; I was in prison and you came to Me.' "Then the righteous will answer Him, saying, 'Lord, when did we see You hungry and feed You, or thirsty and give You drink? When did we see You a stranger and take You in, or naked and clothe You? Or when did we see You sick, or in prison, and come to You?' And the King will answer and say to them, 'Assuredly, I say to you, inasmuch as you did it to one of the least of these My brethren, you did it to Me.' "Then He will also say to those on the left hand, 'Depart from Me, you cursed, into the everlasting fire prepared for the devil and his angels: for I was hungry and you gave Me no food; I was thirsty and you gave Me no drink; I was a stranger and you did not take Me in, naked and you did not clothe Me, sick and in prison and you did not visit Me.' "Then they also will answer Him, saying, 'Lord, when did we see You hungry or thirsty or a stranger or naked or sick or in prison, and did not minister to You?' Then He will answer them, saying, 'Assuredly, I say to you, inasmuch as you did not do it to one of the least of these, you did not do it to Me.' And these will go away into everlasting punishment, but the righteous into eternal life."

PARISH NEWS

-<u>WE EXTEND BIRTHDAY GREETINGS TO:</u> David Skocypec (Mar. 9) may God grant you, Many, Happy Years! Многая літа!

-ZAPUSTY (MEATFARE DINNER): TODAY! Dinner to follow at Coffee Hour / PASTA AND MEATBALLS!! (and bread and dessert) / Adults (over 18): \$15 / Children (11-18): \$10.00 / Under 10 are free. SEE YOU THERE!

-CHESEFARE BRUNCH: Sunday, March 17, 2024 / During Coffee Hour / Details forthcoming!

--FROM THE STAFF OF ST. MICHAEL'S KITCHEN: No food will be available from the Ukrainian Kitchen, for sale, until the online store opens on **March 16**. You can order online then or in person at the food sale on **March 23**. https://st-michael-uoc.square.site As usual, after the sale you will be able to purchase food on any Sunday. Thanks so

much to all of the kitchen workers who made this possible! Thanks all, Donna.

THINK SPRING....(COOKIE WALK!!): Are you making cookies for The Spring Cookie Walk??? If so.... PLEASE LET US KNOW! The Spring Cookie Walk this year will take place on Saturday, March 23rd

BAKERS NEEDED!!! Though this is a Sr. UOL sponsored event, we still need to rely on cookie donations from our parishioners to have a successful event! Think flowers, birds, bunnies, eggs, chicks, light flavors such as citrus, pastel colors! Vegan Easter Sugar Cookies (GF-Options) - This "Walk" will coincide with another Ukrainian Frozen Foods Sale on the same day. We hope to also have filled breads and paskas available. Please talk to Janice or Erika if you can help out or have any questions. Sponsored by the Sr. UOL

--FROM THE KITCHEN STAFF: The kitchen personnel have asked that the kitchen be used only for the preparation of food. Thank you for your understanding.

-FROM THE FINANCIAL SECRETARY / Dues and Diocese Obligation: \$105 A reminder that St. Michael parish must meet a monetary obligation of \$105 per adult member to the Consistory of the UOC of USA at the beginning of each year. TO RECONFIRM YOUR MEMBERSHIP with St. Michael parish each year we ask that you please use an envelope marked "dues and diocese" and submit this obligation as soon as possible at the start of each calendar year. There are envelopes available at the desk in the narthex of the church. (Use memo: "Dues and Diocese 2024" if paying by bank check, online bill pay or PayPal... Thank you!) Reminder: Only parishioners who have reconfirmed their membership by submitting their yearly Dues and Diocese obligation and participate in the life of the parish (members in good standing) have the right to participate in votes/elections that happen the annual meeting. Please keep this in mind as we have a special vote coming up this year regarding the possibility of adopting the Revised Julian Calendar as our liturgical calendar. (More details forthcoming)

-WE WELCOME ANY AND ALL DONATIONS TO THE CHURCH, LARGE OR SMALL: We are most grateful for your kindness. Your donation is essential to the church. From your contribution, we pay the priest's salary and health insurance, as well as pay the utilities for the church including water, heat, electricity, lawn care and at this time of year, snow plowing and salting the ice on the driveway.

Checks should be made out to St. Michael Ukrainian Orthodox Church. Please offer your donations during the church collection or send your dues and donations to:

St. Michael Ukrainian Orthodox Church 74 Harris Ave. Woonsocket, RI 02895

volunteers to sponsor a coffee hour. There will be a white board setup in the Hall with the dates. Simply, write your name for the Sunday you wish to sponsor. Usually the coffee pot and water kettle are ready to go upon your arrival. The coffee pot needs to be plugged in by 8:30 am. You are responsible for purchasing milk and half & half for the coffee. There are presently packaged goods in the kitchen. There also may be frozen items in the freezer designated for coffee hour. Feel free to bring your own items as well. At the end of coffee hour, you are responsible for washing the coffee pot, utensils, plates, etc., wrapping any leftovers, cleaning the food tables and kitchen counter. Please ask if you have any questions or need help with your coffee hour. Thank you for volunteering. Thanks, Eleanor

—2ND COLLECTION: The Special Collection will be to help with the expenses of repairing the front steps of the Church and other capital improvements. Please be as generous as possible. Thank you!

UPCOMING PARISH & INTER-PARISH EVENTS

- **—2nd Thursday of every month** Akathist to the Mother of God, Healer of Cancer @ 7PM / Followed by Adult Religious Education class. Please submit the names of those you want to have remembered to Fr. Boris.
- **--MARCH 10TH:** Meatfare Dinner / Adults: \$15 / Children (11-18): \$10 / Children under 10: free
- -MARCH 17TH: Cheesefare Brunch More info to follow.
- -MARCH 17TH: Changing of Altar cloths to purple / after the Divine Liturgy / Please stay to help.
- **--MARCH 23RD:** SPRING COOKIE WALK / 9 11AM. More info to follow.
- -- APRIL 14TH: Lenten Sunday Evening Vespers @ St. Michael's UOC / 5PM
- **--JUNE 23RD:** Important Annual Meeting of St. Michael's / More Info To Follow

UOL CORNER

—<u>UOL'S MISSION STATEMENT</u>: "The Ukrainian Orthodox League is a national volunteer organization of members in the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox Faith,

supporting the Church, developing the potential of our youth and their active participation in the life of the Church, and preserving Ukrainian heritage and culture."

-UOL MOTTO: "Dedicated to our Church, Devoted to Its Youth"

-- GOALS OF THE UOL:

- Promoting active participation in all aspects of the Orthodox faith and supporting the Church.
- Developing and maintaining programs and projects which educate members and promote dedication and commitment to the Church, Her teachings, traditions, and missions.
- Proving opportunities for the development of leadership skills and responsibility among the youth of the Ukrainian Orthodox Church of the USA.
- Providing and promoting information on Ukrainian heritage and history to the general public and establishing means which ensure the continuation of cultural awareness and pride within our membership.
- -- MAR. 24: UOL Meeting during coffee hour
- -- MAR. 31: UOL Soup Sale \$5 for a bowl/container
- -- APR. 21: UOL Meeting during coffee hour
- -- APR. 28: Lazarus Saturday/Spring Church Cleaning Day. More info to follow.

2024 UOL ESSAY CONTEST TOPICS

Pre-K and **Kindergarten**: (Category A)

Draw a picture of your favorite plant or animal that God created.

Grades 1 and 2: (Category B)

Draw a picture of Moses with the Ten Commandments. Then, please, write two to three sentences on why we need to follow the Ten Commandments.

Grades 3 and 4: (Category C)

How does God show His Love to man? Please write a paragraph (5 to 7 sentences) on your thoughts about this question.

Grades 5 and 6: (Category D)

What must we do to please God and save our souls? Please write 75 to 100 words on your thoughts.

Grades 7 and 8: (Category E)

Please write 150 to 200 words on the following. Define "faith" in your own words. How do you know you are faithful? Give examples from your life that showed people your faithfulness.

Grades 9 and 10: (Category F)

During the UOL convention this past summer, Metropolitan Antony told us that once we have received the body and blood of Christ, we are perfect. He said our challenge is to stay that way as we go out in our current society past our church doors. Please write 175 to 250 words on what you think the Metropolitan meant by these words.

Grades 11 and 12: (Category G)

In an article written by Rev. Nicholas Fedorovich in 1971 for the Golden Anniversary of the Ukrainian Orthodox Church in the USA and later published in 1973 he talks about the future of the Ukrainian Orthodox Church in the USA; "Our forefathers were forced to leave their native land we inherited neither silver, gold nor millions. ...they brought with them into new settlements a deep love for their church, their native tongue and their national traditions." How has this love of church, language and traditions shaped your life and prepared you for your future? Please write 200 to 300 words on your thoughts.

Adult: (Category H)

Over 2,000 years ago "normal" people condemned Christ to death by shouting crucify Him. On Good Friday we erect tombs in our Churches to symbolize the burial of Christ. But Good Friday does not deal with the past alone. It is a day of sin, a day of evil, a day in which our Church invites us to realize the reality of the power sin and evil has over our lives. It invites us to ask ourselves, what side would we have been on had we lived in Jerusalem under Pilate. Please write 300 or more words explaining why and how you came to this decision.

CONTEST GUIDELINES AND RULES

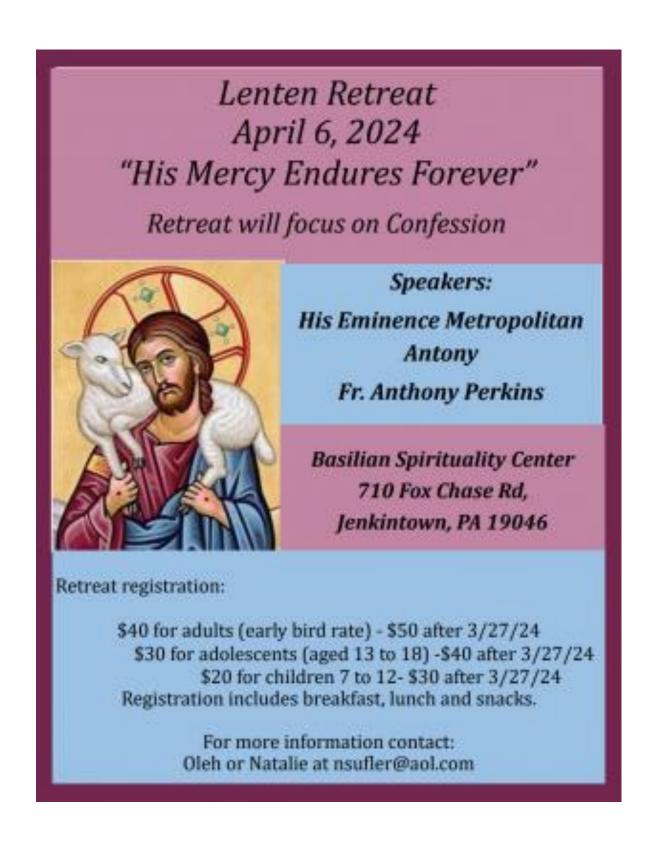
- 1. Entries must be postmarked by April 8, 2024.
- 2. NO NAMES ON THE FRONT OF ANY ENTRY.
- 3. All entries must include the following information:
- a. Participant's first and last name
- b. Age and grade in school
- c. The name and address of participant's parish, including city and state
- 4. Drawings must be no larger than 12 x 18 and **NO** names on the front of drawing. Please attach a **COVER PAGE** or use the **BACK** of the drawing for the information listed above. **All drawings MUST be mailed.**

- 5. Written entries must be on 8 ½" x 11" paper. Include a cover page with the identifying information listed above. Entries for 9th grade and above must be typed or printed.
- 6. Emailed entries must be scanned in and emailed, **DO NOT TAKE PHOTOS OF ENTRIES AND EMAIL THEM, THEY ARE DIFFICULT TO READ AND WILL NOT BE JUDGED.** Emailed entries must be time stamped no later than 7:00 PM of the deadline date. All entries must be submitted in English or Ukrainian.

ALL ENTRIES WILL BE JUDGED FOR CONTENT, CREATIVITY AND NEATNESS. No entries will be accepted after the previously mentioned deadlines.

Please send entries to Teresa Linck: 413 Juniper Lane, Cheshire, CT 06410

Teresa Linck at: tlinck.essays@gmail.com2



UOL RETREAT APRIL 6, 2024 REGISTRATION

Name		
Address		
Phone	E-mail	
	\$40 for adults (early bird rate) - \$50 a	after 3/27/24
	\$30 for adolescents (aged 13 to 18) -\$40	after 3/27/24
	\$20 for children 7 to 12- \$30 after	3/27/24
	riate Registration fee is enclosed: Yes	No

Check made to: Ukrainian Orthodox League of the USA Return registration to:

Oleh Bilynsky 703 Pine Ridge Rd. Media, PA 19063 Please submit registration by 3/27/24 for early bird rate.

Pictures from the UOL Retreat can be used for publicity. Please indicate if you do not want pictures of you and/or your child used.

CHURCH SCHOOL CORNER

-15 MINUTES WITH FATHER -- Last Sunday of the month.



THE LENTEN FAST

Great Lent is the longest and strictest fasting season of the year.

Week before Lent ("Cheesefare Week"): Meat and other animal products are prohibited, but eggs and dairy products are permitted, even on Wednesday and Friday.

First Week of Lent: Only two full meals are eaten during the first five days, on Wednesday and Friday after the Presanctified Liturgy. Nothing is eaten from Monday morning until Wednesday evening, the longest time without food in the Church year. (Few laymen keep these rules in their fullness). For the Wednesday and Friday meals, as for all weekdays in Lent, meat and animal products, fish, dairy products, wine and oil are avoided. On Saturday of the first week, the usual rule for Lenten Saturdays begins (see below).

Weekdays in the Second through Sixth Weeks: The strict fasting rule is kept every day: avoidance of meat, meat products, fish, eggs, dairy, wine and oil.

Saturdays and Sundays in the Second through Sixth Weeks: Wine and oil are permitted; otherwise the strict fasting rule is kept.

Holy Week: The Thursday evening meal is ideally the last meal taken until Pascha. At this meal, wine and oil are permitted. The Fast of Great and Holy Friday is the strictest fast day of the year: even those who have not kept a strict Lenten fast are strongly urged not to eat on this day. After St. Basil's Liturgy on Holy Saturday, a little wine and fruit may be taken for sustenance. The fast is sometimes broken on Saturday night after Resurrection Matins, or, at the latest, after the Divine Liturgy on Pascha.

Wine and oil are permitted on several feast days if they fall on a weekday during Lent. Consult your parish calendar. On Annunciation and Palm Sunday, fish is also permitted.



GREAT LENT 2024

Sunday, March 17	9:00 AM	Divine Liturgy w/ Rite of Annual Forgiveness (Cheesefare
		Sunday)
Monday, March 18	5:00 PM	Great Canon of St. Andrew
Tuesday, March 19	6:00 PM	Great Canon of St. Andrew
Wednesday, March 20	6:00 PM	Great Canon of St. Andrew
Thursday, March 21	6:00 PM	Great Canon of St. Andrew
Saturday, March 23	11:00 AM	Sorokousty for the Deceased, followed by Bible Study

Sunday, March 24	9:00 AM 5:00 PM	Divine Liturgy Sunday of Orthodoxy Pan Orthodox Vespers –
Saturday, March 30	11:00 AM	Sorokousty for the Deceased, followed by Bible Study
Sunday, March 31	9:00 AM	Divine Liturgy of St Basil The Great
W 1 1	5:00 PM	Pan Orthodox Vespers –
Wednesday, April 3	7:00 PM	Liturgy of Presanctified Gifts
Saturday, April 6	11:00 AM	Sorokousty for the Deceased, followed by Bible Study
Sunday, April 7	9:00 AM	Divine Liturgy of St Basil The Great / Holy Annunciation
	5:00 PM	Pan Orthodox Vespers –
Wednesday, April 10	7:00 PM	Liturgy of Presanctified Gifts
Saturday, April 13	11:00 AM	Sorokousty for the Deceased, followed by Bible Study
Sunday, April 14	9:00 AM	Divine Liturgy of St Basil
	5:00 PM	Pan Orthodox Vespers – St. Michael's in Woonsocket
Wednesday, April 17	7:00 PM	Great Canon of St. Andrew of Crete
Saturday, April 20	10:00 AM	New England Deanery Divine Liturgy @ St. Mary's @
		54 Winter St New Britain, CT
	11:00 AM	Akathist to the Mother of God (Reader's Service)
Sunday, April 21	9:00AM	Divine Liturgy of St Basil
	5:00 PM	Pan Orthodox Vespers – Sts. Mary/Mina in Cranston
		(Hope)
Saturday, April 27	8:00 AM	Typica Service – Lazarus Saturday followed by church clean-up
	10:00 AM	New England Deanery Divine Liturgy @ St. Andrew's Boston, MA



HOLY WEEK, PASCHA, AND BRIGHT WEEK 2023

Sunday, April 28 9:00 AM PALM SUNDAY - Divine Liturgy of St John Chrysostom + blessing of Willows

Wednesday, May 1 GREAT WEDNESDAY –

6:00 PM Service Of Holy Anointing at St Michael

Thursday, May 2 GREAT THURSDAY – Commemoration of the Mystical Supper

12:00 PM Vesperal Liturgy of St. Basil, preparation Reserved Sacrament

7:00 PM Matins of the Holy Passion (Service of the 12 Passion Gospels)

Friday, May 3 GREAT FRIDAY – Commemoration of the Saving Passion of Christ

6:30 PM Great Vespers – Commemoration of the Burial of Christ Procession

Sunday, May 5 SUNDAY OF PASCHA

6:00 AM Paschal Midnight Office, Procession, Matins & Divine Liturgy;

Blessing of Baskets

Monday, May 6 BRIGHT MONDAY

10:30 AM Paschal Divine Liturgy

Sunday, May 12 ST THOMAS SUNDAY

9:00 AM Divine Liturgy, Blessing of Graves at St. Michael Cemetery

The purpose of Lent is not to force on us a few formal obligations, but to "soften" our hearts so that it may open itself to the realities of the spirit, to experience the hidden "thirst and hunger" for communion with God.

During Great Lent, we are encouraged to partake of the Sacraments of Holy Confession & Holy Communion and to slow down the pace of our lives and spend more time in quiet and prayer. Unless we focus on the basics (prayer, family, worship) and downsize the rest, the additional disciplines of Lent will either go unused or just add stress to our lives. Neither approach is useful.



The Burrillville High School Music Department proudly presents:

The Annual Music In Our Schools Month & Senior Showcase Concert

Featuring the Burrillville High School Band with guest performers:

THE HMERICHN BHND

March 12, 2024 Snow date March 13 7pm Burrillville High School Auditorium



Admission is free

Freewill donations will be gratefully accepted to support the performances of the American Band and the BHS Band





UKRAINIAN RABBIT

Would you consider helping Ukrainian children in the time of War?

Sponsor a hand-made toy and help a child in Ukraine - \$300

Please let us know where to mail your Ukrainian Rabbit Hero

Make your donation and order via the website

Маєте бажання допомогти українським дітям в час війни?

Зробіть пожертву в розмірі \$300 та отримайте іграшку ручної роботи - тим же допомаючи дитині в Україні!

Будь ласка, дайте нам знати, куди надіслати вашого іграшкового Українського Кролика

Зробіть пожертву та замовлення в режимі інтернету







JUDGMENT
HEДІЛЯ М'ЯСОПУСНА, ПРО СТРАШНИЙ СУД

17
CHESSEFARE SUNDAY - OF FORGIVENESS
(EXPULSION OF ADAM FROM THE PARADISE)
HEДІЛЯ СИРОПУСНА - ПРОЩЕНА

(СПОМИН ПРО ВИГНАННЯ АДАМА З РАЮ)

18 1ST WEEK OF THE GREAT LENTПОЧАТОК ВЕЛИКОГО ПОСТУ

31SECOND SUNDAY OF THE GREAT LENT:
ST. GREGORY PALAMAS
HEДІЛЯ 2-ГА ВЕЛИКОГО ПОСТУ:
CBT. ГРИГОРІЯ ПАЛАМИ

