

# WELCOME TO THE GOD-LOVING 8. GOD-PROTECTED PARISH OF ST. MICHAEL'S!

A parish of the UOC-USA and the Ecumenical Patriarchate 74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 | www.StMichaelUOC.org | Fr. Borislav Kroner

"Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver." - II Cor. 9:7

March 3, 2024

# SERVICE SCHEDULE

Sunday, Mar. 3: Sunday of the Prodigal Son / Apostles Archippus and Philemon of the Seventy, and Martyr Apphia Tone 6 / Epistle: 1 Cor. 6:12-20; Gospel: Luke 15:11-32 9:00AM Divine Liturgy of – Live video broadcast on our Facebook page: https://www.facebook.com/StMichaelUOC/

# WEEKDAY SCRIPTURE READINGS

Mon., Mar. 4: Apostles Archippus and Philemon of the Seventy, and Martyr Apphia Epistle: 1 John 2:18-3:10; Gospel: Mark 11:1-11 <u>Tues, Mar. 5</u>: St. Agatho, wonderworker of the Kyiv Caves Epistle: 1 John 3:10-20; Gospel: Mark 14:10-42 <u>Wed., Mar. 6</u>: St. Timothy of Symbola in Bithynia - FAST Epistle: 1 John 3:21-4:6; Gospel: Mark 14:43-15:1 <u>Thur, Mar. 7</u>: Uncovering of the relics of the Holy Martyrs at the gate of Eugenius at Constantinople Epistle: 1 John 1:8-2:6; Gospel: Mark 13:31-14:2 <u>Fri., Mar. 8</u>: First and Second Findings of the Precious Head of St. John the Baptist - FAST Epistle: 2 John 1:1-13; Gospel: Mark 15:22-25, 33-41 <u>Sat., Mar. 9</u>: St. Tarasius, archbishop of Constantinople Epistle: 1 Cor. 10-23-28; Gospel: Luke 21:8-9, 25-27, 33-36 <u>Sunday, Mar. 10</u>: Meatfare Sunday, Sunday of the Last Judgment. / St. Porphyrius, bishop of Gaza Tone 7 / Epistle: 1 Cor. 8:8-9:2; Gospel: Matt. 25:31-46 9:00AM Divine Liturgy of – Live video broadcast on our Facebook page: <u>https://www.facebook.com/StMichaelUOC/</u>

### LAST DAY TO EAT MEAT UNTIL PASCHA

Remember: even when you are absent, expenses continue

### SCRIPTURE READINGS: SUNDAY, MAR. 3, 2024

### 1 Corinthians 6:12-20 (Epistle)

Brethen, "All things are lawful for me," but not all things are helpful. "All things are lawful for me," but I will not be enslaved by anything. "Food is meant for the stomach and the stomach for food"—and God will destroy both one and the other. The body is not meant for immorality, but for the Lord, and the Lord for the body. And God raised the Lord and will also raise us up by his power. Do you not know that your bodies are members of Christ? Shall I therefore take the members of Christ and make them members of a prostitute? Never! Do you not know that he who joins himself to a prostitute becomes one body with her? For, as it is written, "The two shall become one." But he who is united to the Lord becomes one spirit with him. Shun immorality. Every other sin which a man commits is outside the body; but the immoral man sins against his own body. Do you not know that your body is a temple of the Holy Spirit within you, which you have from God? You are not your own; you were bought with a price. So glorify God in your body.

### Luke 15:11-32 (Gospel)

The Lord told this parable, "There was a man who had two sons; and the younger of them said to his father, 'Father, give me the share of property that falls to me.' And he divided his living between them. Not many days

later, the younger son gathered all he had and took his journey into a far country, and there he squandered his property in loose living. And when he had spent everything, a great famine arose in that country, and he began to be in want. So he went and joined himself to one of the citizens of that country, who sent him into his fields to feed swine. And he would gladly have fed on the pods that the swine ate; and no one gave him anything. But when he came to himself he said, 'How many of my father's hired servants have bread enough and to spare, but I perish here with hunger! I will arise and go to my father, and I will say to him, "Father, I have sinned against heaven and before you; I am no longer worthy to be called your son; treat me as one of your hired servants." And he arose and came to his father. But while he was yet at a distance, his father saw him and had compassion, and ran and embraced him and kissed him. And the son said to him, 'Father, I have sinned against heaven and before you; I am no longer worthy to be called your son.' But the father said to his servants, 'Bring quickly the best robe, and put it on him; and put a ring on his hand, and shoes on his feet; and bring the fatted calf and kill it, and let us eat and make merry; for this my son was dead, and is alive again; he was lost, and is found.' And they began to make merry. "Now his elder son was in the field; and as he came and drew near to the house, he heard music and dancing. And he called one of the servants and asked what this meant. And he said to him, 'Your brother has come, and your father has killed the fatted calf, because he has received him safe and sound.' But he was angry and refused to go in. His father came out and entreated him, but he answered his father, 'Lo, these many years I have served you, and I never disobeyed your command; yet you never gave me a kid, that I might make merry with my friends. But when this son of yours came, who has devoured your living with harlots, you killed for him the fatted calf!' And he said to him, 'Son, you are always with me, and all that is mine is yours. It was fitting to make merry and be glad, for this your brother was dead, and is alive; he was lost, and is found.""

## PARISH NEWS

--ZAPUSTY (MEATFARE DINNER): Sunday March 10th, 2024 Dinner to follow at Coffee Hour / "Chef Jeff" and his sous-chefs will be preparing his ever famous PASTA AND MEATBALLS!! (and bread and dessert) / No need to reserve a spot.....WE'RE EXPECTING YOU!!!!!! Adults (over 18): \$15 / Children (11-18): \$10.00 / Under 10 are free. SEE YOU THERE!

--<u>CHEESEFARE BRUNCH</u>: Sunday, March 17, 2024 / During Coffee Hour / Details forthcoming!

--<u>**THINK SPRING....(COOKIE WALK!!)</u>:** Are you making cookies for The Spring Cookie Walk??? If so.... PLEASE LET US</u>

KNOW! The Spring Cookie Walk this year will take place on Saturday, March 23<sup>rd</sup>

**BAKERS NEEDED!!!** Though this is a Sr. UOL sponsored event, we still need to rely on cookie donations from our parishioners to have a successful event! Think flowers, birds, bunnies, eggs, chicks, light flavors such as citrus, pastel colors! Vegan Easter Sugar Cookies (GF-Options) - This ''Walk'' will coincide with another Ukrainian Frozen Foods Sale on the same day. We hope to also have filled breads and paskas available. Please talk to Janice or Erika if you can help out or have any questions. Sponsored by the Sr. UOL

--FROM THE KITCHEN STAFF: The kitchen personnel have asked that the kitchen be used only for the preparation of food. Thank you for your understanding.

--FROM THE FINANCIAL SECRETARY / Dues and Diocese Obligation: \$105 A reminder that St. Michael parish must meet a monetary obligation of \$105 per adult member to the Consistory of the UOC of USA at the beginning of each year. TO RECONFIRM YOUR MEMBERSHIP with St. Michael parish each year we ask that you please use an envelope marked "dues and diocese" and submit this obligation as soon as possible at the start of each calendar year. There are envelopes available at the desk in the narthex of the church. (Use memo: "Dues and Diocese 2024" if paying by bank check, online bill pay or PayPal... Thank you!)

**Reminder:** Only parishioners who have reconfirmed their membership by submitting their yearly Dues and Diocese obligation and participate in the life of the parish (members in good standing) have the right to participate in votes/elections that happen the annual meeting. Please keep this in mind as we have a special vote coming up this year regarding the possibility of adopting the Revised Julian Calendar as our liturgical calendar. (More details forthcoming)

#### --WE WELCOME ANY AND ALL DONATIONS TO THE CHURCH, LARGE OR SMALL: We are most grateful for your kindness. Your donation is essential to the church. From your contribution, we pay the priest's salary and health insurance, as well as pay the utilities for the church including water, heat, electricity, lawn care and at this time of year, snow plowing and salting the ice on the driveway.

Checks should be made out to St. Michael Ukrainian Orthodox Church. Please offer your donations during the church collection or send your dues and donations to:

> St. Michael Ukrainian Orthodox Church 74 Harris Ave. Woonsocket, RI 02895

--SEEKING COFFEE HOUR VOLUNTEERS: We are seeking volunteers to sponsor a coffee hour. There will be a white board setup in the Hall with the dates. Simply, write your name for the Sunday you wish to sponsor. Usually the coffee pot and water kettle are ready to go upon your arrival. The coffee pot needs to be plugged in by 8:30 am. You are responsible for purchasing milk and half & half for the coffee. There are presently packaged goods in the kitchen. There also may be frozen items in the freezer designated for coffee hour. Feel free to bring your own items as well. At the end of coffee hour, you are responsible for washing the coffee pot, utensils, plates, etc., wrapping any leftovers, cleaning the food tables and kitchen counter. Please ask if you have any questions or need help with your coffee hour. Thank you for volunteering. Thanks, Eleanor

--<u>2<sup>ND</sup> COLLECTION</u>: The Special Collection will be to help with the expenses of repairing the front steps of the Church and other capital improvements. Please be as generous as possible. Thank you!

## <u>UPCOMING PARISH & INTER-PARISH EVENTS</u>

--<u>2<sup>nd</sup> Thursday of every month</u> - Akathist to the Mother of God, Healer of Cancer @ 7PM / Followed by Adult Religious Education class. Please submit the names of those you want to have remembered to Fr. Boris.

--<u>MARCH 10<sup>TH</sup></u>: Meatfare Dinner / Adults: \$15 / Children (11-18): \$10 / Children under 10: free

--<u>MARCH 17<sup>TH</sup></u>: Cheesefare Brunch More info to follow.

---MARCH 17<sup>TH</sup>: Changing of Altar cloths to purple / after the Divine Liturgy / Please stay to help.

--<u>MARCH 23<sup>RD</sup></u>: SPRING COOKIE WALK / 9 – 11AM. More info to follow.

--<u>APRIL 14<sup>TH</sup></u>: Lenten Sunday Evening Vespers @ St. Michael's UOC / 5PM

--JUNE 23<sup>RD</sup>: Important Annual Meeting of St. Michael's / More Info To Follow

### **UOL CORNER**

---UOL'S MISSION STATEMENT: "The Ukrainian Orthodox League is a national volunteer organization of members in the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox Faith, supporting the Church, developing the potential of our youth and their active participation in the life of the Church, and preserving Ukrainian heritage and culture."

### ---UOL MOTTO: "Dedicated to our Church, Devoted to Its Youth"

### --<u>GOALS OF THE UOL</u>:

- Promoting active participation in all aspects of the Orthodox faith and supporting the Church.
- Developing and maintaining programs and projects which educate members and promote dedication and commitment to the Church, Her teachings, traditions, and missions.
- Proving opportunities for the development of leadership skills and responsibility among the youth of the Ukrainian Orthodox Church of the USA.
- Providing and promoting information on Ukrainian heritage and history to the general public and establishing means which ensure the continuation of cultural awareness and pride within our membership.

--<u>MAR. 24</u>: UOL Meeting during coffee hour

--MAR. 31: UOL Soup Sale \$5 for a bowl/container

--<u>APR. 21</u>: UOL Meeting during coffee hour

--<u>APR. 28</u>: Lazarus Saturday/Spring Church Cleaning Day. More info to follow.

# **2024 UOL ESSAY CONTEST TOPICS**

### **Pre-K and Kindergarten:** (Category A)

Draw a picture of your favorite plant or animal that God created.

### Grades 1 and 2: (Category B)

Draw a picture of Moses with the Ten Commandments. Then, please, write two to three sentences on why we need to follow the Ten Commandments.

### Grades 3 and 4: (Category C)

How does God show His Love to man? Please write a paragraph (5 to 7 sentences) on your thoughts about this question.

### Grades 5 and 6: (Category D)

What must we do to please God and save our souls? Please write 75 to 100 words on your thoughts.

### Grades 7 and 8: (Category E)

Please write 150 to 200 words on the following. Define "faith" in your own words. How do you know you are faithful? Give examples from your life that showed people your faithfulness.

### Grades 9 and 10: (Category F)

During the UOL convention this past summer, Metropolitan Antony told us that once we have received the body and blood of Christ, we are perfect. He said our challenge is to stay that way as we go out in our current society past our church doors. Please write 175 to 250 words on what you think the Metropolitan meant by these words.

### Grades 11 and 12: (Category G)

In an article written by Rev. Nicholas Fedorovich in 1971 for the Golden Anniversary of the Ukrainian Orthodox Church in the USA and later published in 1973 he talks about the future of the Ukrainian Orthodox Church in the USA; "Our forefathers were forced to leave their native land we inherited neither silver, gold nor millions. ...they brought with them into new settlements a deep love for their church, their native tongue and their national traditions." How has this love of church, language and traditions shaped your life and prepared you for your future? Please write 200 to 300 words on your thoughts.

### Adult: (Category H)

Over 2,000 years ago "normal" people condemned Christ to death by shouting crucify Him. On Good Friday we erect tombs in our Churches to symbolize the burial of Christ. But Good Friday does not deal with the past alone. It is a day of sin, a day of evil, a day in which our Church invites us to realize the reality of the power sin and evil has over our lives. It invites us to ask ourselves, what side would we have been on had we lived in Jerusalem under Pilate. Please write 300 or more words explaining why and how you came to this decision.

### **CONTEST GUIDELINES AND RULES**

### 1. Entries must be postmarked by April 8, 2024.

### 2. NO NAMES ON THE FRONT OF ANY ENTRY.

- 3. All entries must include the following information:
- a. Participant's first and last name
- b. Age and grade in school
- c. The name and address of participant's parish, including city and state

4. Drawings must be no larger than 12 x 18 and **NO** names on the front of drawing. Please attach a **COVER PAGE** or use the **BACK** of the drawing for the information listed above. **All drawings MUST be mailed.** 

5.Written entries must be on 8  $\frac{1}{2}$ " x 11" paper. Include a cover page with the identifying information listed above. Entries for 9th grade and above must be typed or printed.

6. Emailed entries must be scanned in and emailed, **DO NOT TAKE PHOTOS OF ENTRIES AND EMAIL THEM, THEY ARE** 

#### DIFFICULT TO READ AND WILL NOT BE JUDGED. Emailed

entries must be time stamped no later than 7:00 PM of the deadline date. All entries must be submitted in English or Ukrainian.

ALL ENTRIES WILL BE JUDGED FOR CONTENT, CREATIVITY AND NEATNESS. No entries will be accepted after the previously mentioned deadlines.

> Please send entries to Teresa Linck: 413 Juniper Lane, Cheshire, CT 06410

Teresa Linck at: <a href="mailto:tlinck.essays@gmail.com2">tlinck.essays@gmail.com2</a>

# Lenten Retreat April 6, 2024 "His Mercy Endures Forever"

Retreat will focus on Confession



Speakers: His Eminence Metropolitan Antony Fr. Anthony Perkins

Basilian Spirituality Center 710 Fox Chase Rd, Jenkintown, PA 19046

Retreat registration:

\$40 for adults (early bird rate) - \$50 after 3/27/24 \$30 for adolescents (aged 13 to 18) -\$40 after 3/27/24 \$20 for children 7 to 12- \$30 after 3/27/24 Registration includes breakfast, lunch and snacks.

> For more information contact: Oleh or Natalie at nsufler@aol.com

#### UOL RETREAT APRIL 6, 2024

#### REGISTRATION

Appropriate Registration fee is enclosed: Yes \_\_\_\_\_ No \_\_\_\_\_ \*amount \_\_\_\_\_

Check made to: Ukrainian Orthodox League of the USA

**Return registration to:** 

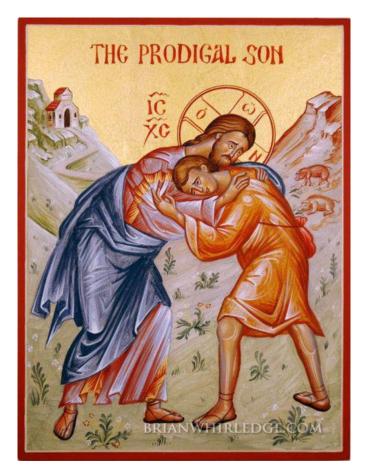
Oleh Bilynsky 703 Pine Ridge Rd. Media, PA 19063

Please submit registration by 3/27/24 for early bird rate.

Pictures from the UOL Retreat can be used for publicity. Please indicate if you do not want pictures of you and/or your child used.

## CHURCH SCHOOL CORNER

--15 MINUTES WITH FATHER -- Last Sunday of the month.



## THE LENTEN FAST

#### Great Lent is the longest and strictest fasting season of the year.

Week before Lent ("Cheesefare Week"): Meat and other animal products are prohibited, but eggs and dairy products are permitted, even on Wednesday and Friday.

First Week of Lent: Only two full meals are eaten during the first five days, on Wednesday and Friday after the Presanctified Liturgy. Nothing is eaten from Monday morning until Wednesday evening, the longest time without food in the Church year. (Few laymen keep these rules in their fullness). For the Wednesday and Friday meals, as for all weekdays in Lent, meat and animal products, fish, dairy products, wine and oil are avoided. On Saturday of the first week, the usual rule for Lenten Saturdays begins (see below).

Weekdays in the Second through Sixth Weeks: The strict fasting rule is kept every day: avoidance of meat, meat products, fish, eggs, dairy, wine and oil.

Saturdays and Sundays in the Second through Sixth Weeks: Wine and oil are permitted; otherwise the strict fasting rule is kept.

Holy Week: The Thursday evening meal is ideally the last meal taken until Pascha. At this meal, wine and oil are permitted. The Fast of Great and Holy Friday is the strictest fast day of the year: even those who have not kept a strict Lenten fast are strongly urged not to eat on this day. After St. Basil's Liturgy on Holy Saturday, a little wine and fruit may be taken for sustenance. The fast is sometimes broken on Saturday night after Resurrection Matins, or, at the latest, after the Divine Liturgy on Pascha.

Wine and oil are permitted on several feast days if they fall on a weekday during Lent. Consult your parish calendar. On Annunciation and Palm Sunday, fish is also permitted.

# SPRING COOKIE WALK And Ukrainian Frozen Food Sale

# Saturday March 23, 2024 9 to 11AM

St. Michael Ukrainian Orthodox Church Hall 74 Harris Avenue, Woonsocket, RI 02895

Cookies \$ 13.50/pound

Pre-order frozen Ukrainian foods beginning 8AM, Friday March 16 at: st-michael-uoc.square.site

FROZEN FOODS WILL BE AVAILABLE IN PERSON WHILE SUPPLIES LAST





# UKRAINIAN RABBIT



Would you consider helping Ukrainian children in the time of War?

Sponsor a hand-made toy and help a child in Ukraine - \$300

Please let us know where to mail your Ukrainian Rabbit Hero

Make your donation and order via the website

Маєте бажання допомогти українським дітям в час війни?

Зробіть пожертву в розмірі \$300 та отримайте іграшку ручної роботи тим же допомаючи дитині в Україні!

Будь ласка, дайте нам знати, куди надіслати вашого іграшкового Українського Кролика

Зробіть пожертву та замовлення в режимі інтернету







3 SUNDAY OF PRODIGAL SON НЕДІЛЯ ПРО БЛУДНОГО СИНА

#### 9

**МЕМОRIAL SATURDAY** ПОМИНАЛЬНА СУБОТА

**10** MEATFARE S

МЕАТFARE SUNDAY, OF THE LAST JUDGMENT НЕДІЛЯ М'ЯСОПУСНА, ПРО СТРАШНИЙ СУД

17 СНЕЕЗЕFARE SUNDAY - OF FORGIVENESS (EXPULSION OF ADAM FROM THE PARADISE) НЕДІЛЯ СИРОПУСНА - ПРОЩЕНА (СПОМИН ПРО ВИГНАННЯ АДАМА З РАЮ)

18 1ST WEEK OF THE GREAT LENT ПОЧАТОК ВЕЛИКОГО ПОСТУ

#### 24

1ST SUNDAY OF THE GREAT LENT: TRIUMPH OF ORTHODOXY

НЕДІЛЯ 1-ША ВЕЛИКОГО ПОСТУ: ТОРЖЕСТВО ПРАВОСЛАВ'Я

#### 30

MEMORIAL SATURDAY ПОМИНАЛЬНА СУБОТА

СВТ. ГРИГОРІЯ ПАЛАМИ

31

SECOND SUNDAY OF THE GREAT LENT: ST. GREGORY PALAMAS НЕДІЛЯ 2-ГА ВЕЛИКОГО ПОСТУ: