

# **WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL!**

*A parish of the UOC-USA and the Ecumenical Patriarchate*  
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |  
www.StMichaelUOC.org | Fr. Borislav Kroner

*“Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver.” - II Cor. 9:7*

**June 10, 2018**

## **SERVICE SCHEDULE**

### **THE APOSTLES' FAST IS FROM JUNE 4 - JULY 12**

**Sunday, June 10 – All Saints of Ukraine & North America**

**Tone 1 / Epistle:** Rm. 2:10-16; **Gospel:** Mt. 4:18-23

**9:00 AM** Divine Liturgy / followed by our Annual Parish Meeting

**Saturday, June 16 – Great Vespers**

**6:00 PM** Great Vespers

**Sunday, June 17 – All Saints of Halych & Odessa**

**Tone 2 / Epistle:** Rm. 5:1-10; **Gospel:** Mt. 6:22-33

**9:00 AM** Divine Liturgy

**Saturday, June 23 – Great Vespers**

**6:00 PM** Great Vespers

**Sunday, June 24 – 4th Sunday after Pentecost / Holy Apostles Bartholomew & Barnabas**

**Tone 3 / Epistle:** Rm. 6:18-23 (**Feast:** Acts 11:19-26,29-30);

**Gospel:** Mt. 8:5-13 (**Feast:** Lk. 10:16-21)

**9:00 AM** Obidna/Typica Service (**Father will be away, this weekend.**)

**Saturday, June 29 – Great Vespers**

**6:00 PM** Great Vespers

**Sunday, July 1 – 5th Sunday after Pentecost**

**8:30 AM** Service of Repentance

**Tone 4 / Epistle:** Rm. 10:1-10; **Gospel:** Mt. 8:28-9:1

**9:00 AM** Divine Liturgy , “15 mins with Father” following the Divine Liturgy

*Remember: even when you are absent, expenses continue.*

## **PARISH NEWS**

--**A hearty welcome** to our guests and visitors. Please join us in the church hall after the Divine Liturgy for coffee and fellowship.

--**We extend Birthday greetings to: Donald Lipsky (June 4), and Stefan Harris (June 7),** may God grant you, **Many, Happy Years.** Многая літа.

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■ --**From Father Borislav:** When approaching the chalice for Holy Communion please say your name. **Thank you! Дякую!**

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■ --**Next SCRIP date is: TODAY Sunday, June 10th.** Any questions, please see or email Val Sternadore ([valiaws@yahoo.com](mailto:valiaws@yahoo.com)).

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■ --**Starting, today, Sunday June 10th,** the collection at the end of the Divine Liturgy will be used for the **John and Anna Zelechivsky Interment Fund.** These deceased parishioners need our financial support to give them a proper funeral service and marker for their internment in our parish cemetery. **Thank you for your support.**

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■ --**November 2017-November 2018 is the 85th Anniversary year of the HOLODOMOR:** A nationwide effort has been launched to raise public awareness about the genocidal famine of 1932-1933. We are forming a planning committee to assist with commemoration efforts in Rhode Island this fall. Some ideas being discussed include...  
•Having local government (governor and/or mayor) sign a proclamation recognizing Holodomor.  
•Fundraising for and installing a Holodomor monument near our Memorial monument on our parish grounds. •A joint memorial service at St. Michael Ukrainian Catholic Church. •Holodomor documentary viewing event open to the public at St. Michael Ukrainian Orthodox Church Parish Hall. Please contact Erika if you would like to be a part of the planning committee or assist with the commemoration plans once they are underway. **Thank you! Дякую!**

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■ --**We now have a “Kitchen Giving Tree”** ” that will allow all parishioners (young and old alike—because what child doesn’t like

to be part of things)?, to help. We have an “item of the month” donation box in both the vestibule and the church hall. **The item of the month for June & July: Poppyseed, Cherry, Apricot and Prune pie fillings and chopped nuts.**

--**If you have any ideas** for fund raisers for the church, please let a council member know! And a reminder, please consider our scrip program for gift cards and it's an excellent way for the church to benefit from your gift card purchases!! Remember, they can be used for everyday purchases. Any questions, please see or email Val Sternadore (valiaws@yahoo.com).

## **UPCOMING PARISH EVENTS**

\* \* **Every 1st. Sunday of the month is Ukrainian Sunday**, when a majority of the Divine Liturgy is sung in Ukrainian.

\* \* **Every 1st. Sunday of the month is, also, when we celebrate the Rite of Confession**, before the Divine Liturgy at 8:30AM.

\* \* **Every 2nd. Sunday of the month is our “Open House”**, invite your friends to come investigate our Faith Community.

\* \* **Every last Sunday of the month is Father Borislav's “15 mins with Father”**, a talk aimed at our youth of St. Michael's, in the church nave, after the Divine Liturgy. **“CHILDREN” OF ALL AGES ARE WELCOME.**

**\*\*Sunday, June 10th – TODAY Annual Parish Meeting, after the Divine Liturgy. Make every effort to attend this important meeting in the life of our parish.\*\***

**Sunday, September 9th – St. Michael's Ukrainian Festival**

## **KITCHEN WORK SESSIONS**

**Tuesday, June 12:** 7:30am - make cabbage filling  
6:30pm - make cabbage balls

**Wednesday, June 13:** 7:30am - pinch peroh

**Tuesday, June 19:** 7:30am - peel and mash potatoes, make potato balls

**Wednesday, June 20:** 7:30am - pinch perohe

**Tuesday, June 26:** 7:30am - peel and mash potatoes, make potato balls

**Wednesday, June 27:** 7:30am - pinch perohe

**Monday, July 2:** 7:30am - make fried perohe, 2 batches

**Tuesday, July 3:** 7:30am - make fried perohe, 2 batches

**Tuesday, July 10:** 7:30am - steam cabbage

**Wednesday, July 11:** 7:30am - make holubtsi

**Thursday, August 16:** 7:30am - steam cabbage

**Friday, August 17:** 7:30am - make holubtsi

**Tuesday, September 4:** 7:30am - make fried cabbage

## **Fasting Guidelines: Apostles' Fast**

On **Monday, June 4**, we begin the Apostles' Fast, one of the four canonical fasting periods of the Church year. The Apostles' Fast always begins the Monday following All Saints Sunday and ends on **July 12**, the feast day of Sts. Peter and Paul, Chiefs of the Apostles. These guidelines are general. *Fasting is a spiritual discipline that should be practiced with the oversight and direction of your spiritual father.* If you have any specific questions about how the fasting discipline applies to you, you should consult your spiritual father.

**The general guidelines for the Apostles' Fast are as follows:**

**Mondays, Wednesdays, And Fridays are Strict Fast Days.** On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

**Tuesdays and Thursdays are Wine and Oil Days.** On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

**Saturdays and Sundays are Fish, Wine, and Oil Days.** On these days the fast is further relaxed to permit fish with backbones in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

**Notes:**

1. Meals for the fast should follow the dietary restrictions and be cooked simply. Portions should be smaller than usual.
2. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
3. Generally speaking, children and elderly people are allowed to relax the fast under the guidance of their spiritual father.

