

WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL!

A parish of the UOC-USA and the Ecumenical Patriarchate
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |
www.StMichaelUOC.org | Fr. Borislav Kroner

“Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver.” - II Cor. 9:7

June 17, 2018

SERVICE SCHEDULE

THE APOSTLES' FAST IS FROM JUNE 4 - JULY 12

Sunday, June 17 – All Saints of Halych & Odessa

Tone 2 / Epistle: Rm. 5:1-10; Gospel: Mt. 6:22-33

9:00 AM Divine Liturgy

Saturday, June 23 – Great Vespers

6:00 PM Great Vespers

Sunday, June 24 – 4th Sunday after Pentecost / Holy Apostles Bartholomew & Barnabas

Tone 3 / Epistle: Rm. 6:18-23 (Feast: Acts 11:19-26,29-30);

Gospel: Mt. 8:5-13 (Feast: Lk. 10:16-21)

9:00 AM Obidna/Typica Service (Father will be away, this weekend.)

Saturday, June 30 – Great Vespers

6:00 PM Great Vespers

Sunday, July 1 – 5th Sunday after Pentecost

8:30 AM Service of Repentance

Tone 4 / Epistle: Rm. 10:1-10; Gospel: Mt. 8:28-9:1

9:00 AM Divine Liturgy , “15 mins with Father” following the Divine Liturgy

Saturday, June 7 – Great Vespers

6:00 PM Great Vespers

Sunday, July 8 – 6th Sunday after Pentecost

Tone 5 / Epistle: Rm. 12:6-14; Gospel: Mt. 9:1-8

9:00 AM Divine Liturgy

Remember: even when you are absent, expenses continue.

of the month for June & July: Poppyseed, Cherry, Apricot and Prune pie fillings and chopped nuts.

--**If you have any ideas** for fund raisers for the church, please let a council member know! And a reminder, please consider our scrip program for gift cards and it's an excellent way for the church to benefit from your gift card purchases!! Remember, they can be used for everyday purchases. Any questions, please see or email Val Sternadore (valiaws@yahoo.com).

UPCOMING PARISH EVENTS

* * **Every 1st. Sunday of the month is Ukrainian Sunday**, when a majority of the Divine Liturgy is sung in Ukrainian.

* * **Every 1st. Sunday of the month is, also, when we celebrate the Rite of Confession**, before the Divine Liturgy at 8:30AM.

* * **Every 2nd. Sunday of the month is our "Open House"**, invite your friends to come investigate our Faith Community.

* * **Every last Sunday of the month is Father Borislav's "15 mins with Father"**, a talk aimed at our youth of St. Michael's, in the church nave, after the Divine Liturgy. **"CHILDREN OF ALL AGES ARE WELCOME.**

Sunday, September 9th – St. Michael's Ukrainian Festival

KITCHEN WORK SESSIONS

Tuesday, June 19: 7:30am - peel and mash potatoes, make potato balls

Wednesday, June 20: 7:30am - pinch perohe

Tuesday, June 26: 7:30am - peel and mash potatoes, make potato balls

Wednesday, June 27: 7:30am - pinch perohe

Monday, July 2: 7:30am - make fried perohe, 2 batches

Tuesday, July 3: 7:30am - make fried perohe, 2 batches

Tuesday, July 10: 7:30am - steam cabbage

Wednesday, July 11: 7:30am - make holubtsi

Thursday, August 16: 7:30am - steam cabbage

Friday, August 17: 7:30am - make holubtsi

Tuesday, September 4: 7:30am - make fried cabbage

Fasting Guidelines: Apostles' Fast

On Monday, June 4, we begin the Apostles' Fast, one of the four canonical fasting periods of the Church year. The Apostles' Fast always begins the Monday following All Saints Sunday and **ends on July 12**, the feast day of Sts. Peter and Paul, Chiefs of the Apostles. These guidelines are general. Fasting is a spiritual discipline that should be practiced with the oversight and direction of your spiritual father. If you have any specific questions about how the fasting discipline applies to you, you should consult your spiritual father.

The general guidelines for the Apostles' Fast are as follows:

Mondays, Wednesdays, And Fridays are Strict Fast Days. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

Tuesdays and Thursdays are Wine and Oil Days. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

Saturdays and Sundays are Fish, Wine, and Oil Days. On these days the fast is further relaxed to permit fish with backbones in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Notes:

1. Meals for the fast should follow the dietary restrictions and be cooked simply. Portions should be smaller than usual.
2. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
3. Generally speaking, children and elderly people are allowed to relax the