

WELCOME TO THE GOD-LOVING 8. GOD-PROTECTED PARISH OF ST. MICHAEL'S!

A parish of the UOC-USA and the Ecumenical Patriarchate 74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 | www.StMichaelUOC.org | Fr. Borislav Kroner

"Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver." - II Cor. 9:7

June 18, 2023

SERVICE SCHEDULE

Sunday, June 18: 2nd Sunday after Pentecost / All Saints of Ukraine & North America – FISH, OIL & WINE PERMITTED Tone 1 / Epistle: Rom. 2:10-16; Gospel: Mt. 4:18-23 9:00AM Divine Liturgy of St. John Chrysostom – Live video broadcast on our Facebook page: <u>https://www.facebook.com/StMichaelUOC/</u>

WEEKDAY SCRIPTURE READINGS

The Apostolic Fast

<u>Mon., June 19</u>: Ven. Bessarion the Wonderworker of Egypt – STRICT FAST Epistle: Rom. 7:1-13; Gospel: Mt. 9:36–10:8 <u>Tues, June 20</u>: Martyr Theodotus of Ancyra – WINE & OIL PERMITTED

Epistle: Rom. 7:14-8:2; Gospel: Mt. 10:9-15

<u>Wed., June 21</u>: Great-martyr Theodore Stratelates – STRICT FAST

Epistle: Rom. 8:2-13; Gospel: Mt. 10:16-22

<u>Thur, June 22:</u> St. Cyril, archbishop of Alexandria – WINE & OIL PERMITTED

Epistle: Rom. 8:22-27; Gospel: Mt. 10:23-31

<u>Fri., June 23</u>: Hieromartyr Timothy, bishop of Prusa – STRICT FAST

Epistle: Rom. 9:6-19; Gospel: Mt. 10:32-36 – 11:1

Sat., June 24: Holy Apostles Bartholomew and Barnabas – FISH, OIL & WINE PERMITTED

Epistle: Rom. 3:28 – 4:3; Gospel: Mt. 7:24 – 8:4

Sunday, June 25: 3rd Sunday after Pentecost / Synaxis of Halych Saints. Synaxis of Odessa Saints – FISH, OIL & WINE PERMITTED Tone 2 / Epistle: Rom. 5:1-10; Gospel: Mt. 6:22-33 9:00AM Divine Liturgy of St. John Chrysostom – Live video broadcast on our Facebook page:

https://www.facebook.com/StMichaelUOC/

Remember: even when you are absent, expenses continue

SCRIPTURE READINGS: SUNDAY, JUNE 18, 2023

Romans 2:10-16 (Epistle)

BRETHREN, glory, honor, and peace to everyone who works what is good, to the Jew first and also to the Greek. For there is no partiality with God. For as many as have sinned without law will also perish without law, and as many as have sinned in the law will be judged by the law (for not the hearers of the law are just in the sight of God, but the doers of the law will be justified; for when Gentiles, who do not have the law, by nature do the things in the law, these, although not having the law, are a law to themselves, who show the work of the law written in their hearts, their conscience also bearing witness, and between themselves their thoughts accusing or else excusing them) in the day when God will judge the secrets of men by Jesus Christ, according to my gospel.

Matthew 4:18-23 (Gospel)

At that time, Jesus, walking by the Sea of Galilee, saw two brothers, Simon called Peter, and Andrew his brother, casting a net into the sea; for they were fishermen. Then He said to them, "Follow Me, and I will make you fishers of men." They immediately left their nets and followed Him. Going on from there, He saw two other brothers, James the son of Zebedee, and John his brother, in the boat with Zebedee their father, mending their nets. He called them, and immediately they left the boat and their father, and followed Him. And Jesus went about all Galilee, teaching in their synagogues, preaching the gospel of the kingdom, and healing all kinds of sickness and all kinds of disease among the people.

PARISH NEWS

--WE EXTEND BIRTHDAY GREETINGS TO: Nilolai Wojciechiowski (June 12), Bryan Sullo (June 17), and <u>WEDDING</u> <u>ANNIVERSARY GREETINGS</u> to: Lesia (Fasiak) & Stefan Harris (June 17), <u>FATHER'S DAY GREETINGS</u> to all our fathers, grandfathers, godfathers and spiritual fathers may God grant you all, Many, Happy Years! Многая літа!

--<u>2ND COLLECTION</u> for June & July will be for kitchen resources. Thank you!

--<u>UKRAINIAN FESTIVAL 2023 COMMITTEE</u>: Under the leadership of Sue Chase has developed several letters for seeking sponsorship and donations for our annual festival.

June 2023

Dear Friends,

Thank you for taking the time to read this request for a charitable donation to the Saint Michael Ukrainian Orthodox Church of Woonsocket, RI.

Our annual festival is coming up on Sunday, September 10, 2023. We are looking forward to this opportunity to celebrate our Ukrainian culture while continuing to bring awareness to the needs of the Ukrainian refugees and the war in Ukraine.

We would like to invite you to be an official sponsor for this event. The levels of sponsorship are as follows:

Bronze Level \$50.00 - Includes all social media marketing leading up to and including the day of this event

Silver Level \$150.00 – Includes a box of cookies from the Christmas Cookie Walk and all social media marketing leading up to and including the day of this event.

Gold Level \$250.00 – Includes 2 combination plates at the festival, a box of cookies at the Christmas Cookie Walk and all social media marketing leading up to and including the day of this event. Additionally, Sponsor Name will be posted at one of the festival stations such as Kitchen, Bake Table, Gift Shop, Table / Chair Rental, Entertainment, Grill, Bar. (please note, more than one sponsor may be listed at each station).

If you have any questions, please contact Sue Chase at 508-380-4302 or <u>susanjchase@yahoo.com</u>.

Thank you for your generosity,

Saint Michael UOC 74 Harris Ave. Woonsocket, RI 02895

*Please note that gifts to Saint Michael Ukrainian Orthodox Church are tax deductible to the extent allowable by the law. RI Tax ID 238586450. Saint Michael Ukrainian Orthodox Church is a 501(c)3 Organization.

Name:			
Address:			
Email:			
Level of Sponsorship: (please circle)	Bronze	Silver	Gold
Other			
Donation:			

June 2023 Dear Friends,

Thank you for taking the time to read this request for a charitable donation to the Saint Michael Ukrainian Orthodox Church of Woonsocket, RI.

Our annual festival is coming up on Sunday, September 10, 2023. We are looking forward to this opportunity to celebrate our Ukrainian culture while continuing to bring awareness to the needs of the Ukrainian refugees and the war in Ukraine. We are currently asking local businesses to donate gift cards, products, or any tax-deductible donation to be incorporated into a raffle which will help defray the cost of the event and help us with our mission to support the Ukrainian refugees in Rhode Island and those still living in Ukraine.

Please take a moment to determine if your company would be interested in joining us as we provide much needed necessities to our community.

Thank you for your generosity,

Saint Michael UOC 74 Harris Ave. Woonsocket, RI 02895

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--ST. MICHAEL CEMETERY ACCESS: Polish National Cemetery has a contract with Pyne Sand and Gravel Co. to excavate and to remove gravel from an area of about 12 acres within their cemetery. They hope to have their operation up and running within the next three months. Once established they are expecting the project to take a minimum of two years. A new access road will be built inside of the Polish cemetery. The plan is to remove between 30 -36 truckloads of gravel per day. The operation will take place Monday thru Friday between 7am – 5pm and Saturday 9am – 12 pm. Be aware that you may encounter quite a bit of activity involved on the shared road. If you have any questions or concerns, contact a Parish Board member.

--KITCHEN SESSIONS FOR UKRAINIAN FESTIVAL-2023:

All sessions begin at 8:30 am **Mon. June 19** Cabbage Filling / **Tues. June 20** Cabbage varenyky **Mon. July 10** Potato filling / **Tues. July 11** Potato Varenyky **Mon. July 17** Potato filling / **Tues. July 18** Potato Varenyky **Tues. Aug 1** Kapusta OPEN SLOT – **Tuesday Aug 15** OPEN SLOT – **Tuesday Aug 29 Thurs. Sept 7** Holubtsi for Combos

UPCOMING PARISH & INTER-PARISH EVENTS

--Sat, August 26 – Jamestown Festival

--Sun, Sept. 10 – St. Michael's Ukrainian Festival

UOL CORNER

--UOL'S MISSION STATEMENT: "The Ukrainian Orthodox League is a national volunteer organization of members in the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox Faith, supporting the Church, developing the potential of our youth and their active participation in the life of the Church, and preserving Ukrainian heritage and culture."

--<u>UOL MOTTO</u>: "Dedicated to our Church, Devoted to Its Youth" --<u>MEMBERSHIP IN THE UOL</u>: Anyone wishing to join us in our ministries, please contact Erika Namaka or Janice Meschisen. Janice: <u>bridesong150@gmail.com</u> Erika: <u>einamaka@gmail.com</u>

--Sunday, September 24, during the coffee hour will be a meeting of the UOL.





APOSTLES' FAST

Duration of the Fast of the Apostles

The fast of the Holy Apostles starts on the second Monday after Pentecost. The duration of this fast varies, depending on the date of Pascha (Easter). *The rule is that the Fast starts on the second Monday after Pentecost* (June 12) and ends on July 11.

Fasting Rules of the Fast of the Holy Apostles

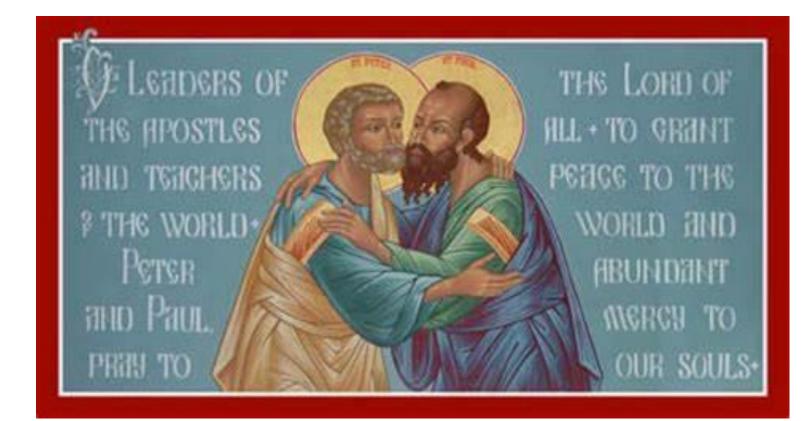
Monday, Wednesday, Friday: Strict fast. Tuesday, Thursday: Oil and wine permitted. Saturday, Sunday: Fish, oil and wine permitted.

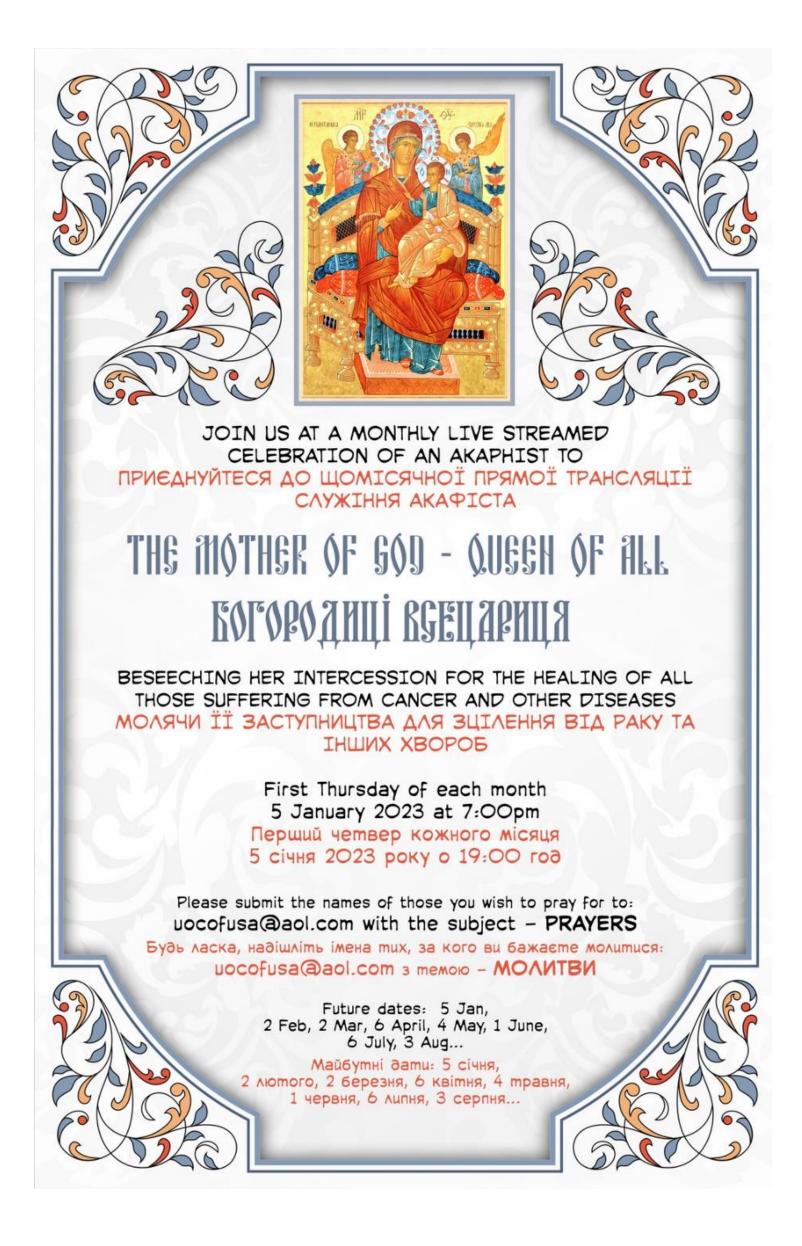
Health Concerns

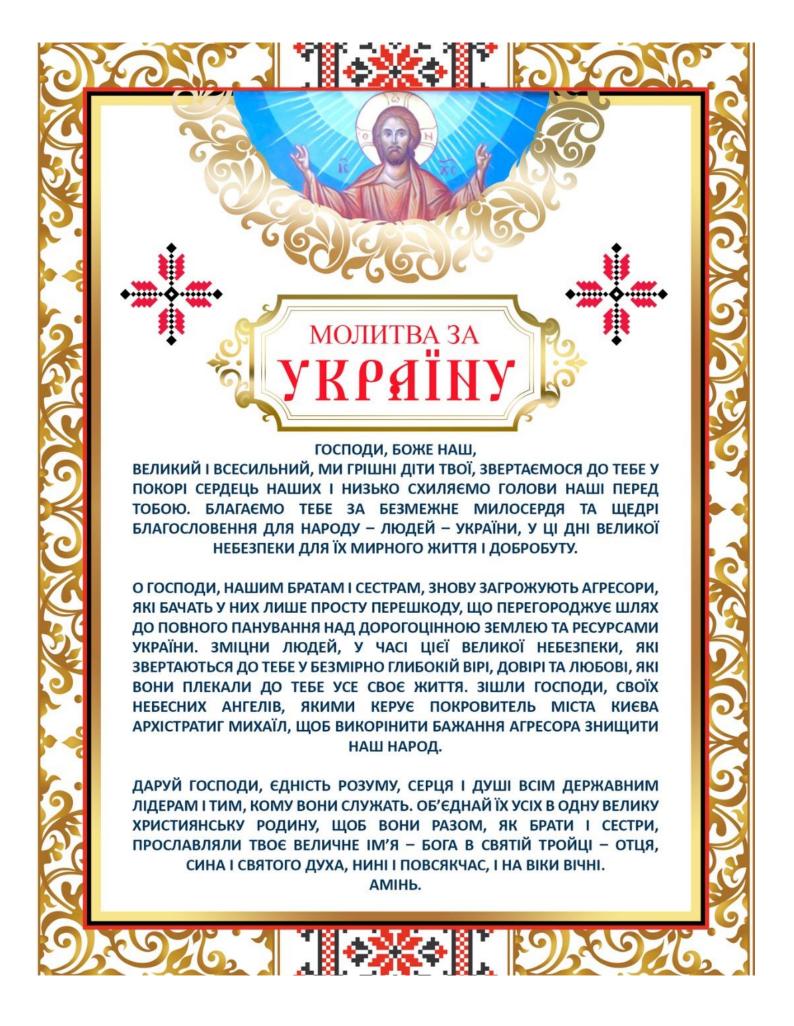
During fasting seasons, avoiding prohibited foods poses no health risk as long as adequate amounts of other foods are taken. Calcium intake and adequate calories may be a concern for growing children and pregnant and nursing mothers. Calcium-fortified orange juice is an easy way to guarantee plentiful calcium intake while avoiding dairy products. Nuts and nut butters are a good source of calories for those who need to maintain weight on a Lenten diet.

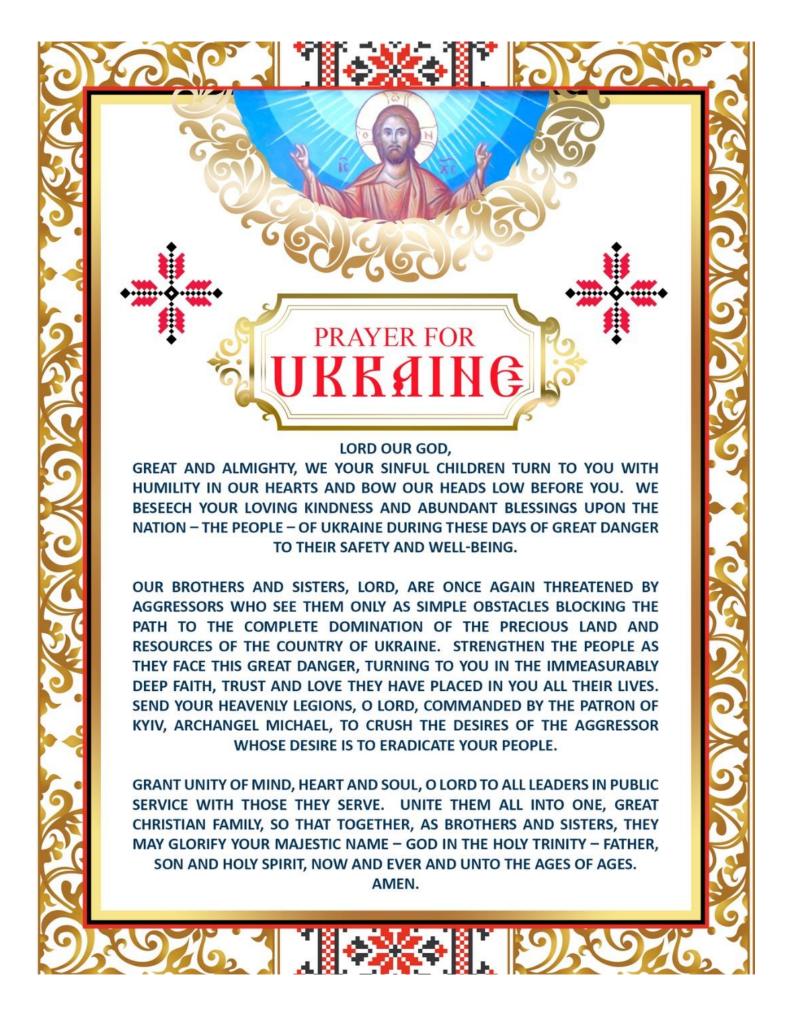
If you are new to fasting, you may find the onset of hunger pangs distressing. Hunger pangs are not harmful; they are simply part of the fast. The first few days of a long fasting period are often the most difficult. Do not be discouraged by headaches, fatigue, etc. at the beginning of a fasting season — they will disappear or reduce in intensity. If you are troubled by lethargy, try moderate exercise. A short walk can make a surprising difference in your energy.

The rules given here are of course only one part, the most external part, of a true fast, which will include increased prayer and other spiritual disciplines, and may include resolutions to set aside other aspects of our day-to-day life (such as caffeine or television), or to take up practices such as visiting the sick.











ИКRAINIAN ORTHODOX CHURCH OF THE USA **JUNE CELEBRATIONS У ЧЕРВНІ СВЯТКУЄМО** УКРАЇНСЬКА ПРАВОСЛАВНА ЦЕРКВА США

3 МЕМОRIAL SATURDAY ПОМИНАЛЬНА СУБОТА

4 **PENTECOST: TRINITY SUNDAY** П'ЯТИДЕСЯТНИЦЯ: ДЕНЬ СВЯТОЇ ТРОЙЦІ

5 DAY OF THE HOLY SPIRIT ДЕНЬ СВЯТОГО ДУХА

11 ALL SAINTS ВСІХ СВЯТИХ

12 THE BEGINNING OF THE APOSTOLIC FAST ПОЧАТОК ПЕТРОВОГО ПОСТУ

18 ALL SAINTS OF UKRAINE ВСІХ СВЯТИХ ЗЕМЛІ УКРАЇНСЬКОЇ 24

HOLY APOSTLES BARTHOLOMEW AND BARNABAS АПОСТОЛІВ ВАРФОЛОМІЯ І ВАРНАВИ

28 ST. MICHAEL, FIRST METROPOLITAN OF KYIV СВЯТИТЕЛЯ МИХАЇЛА, ПЕРШОГО МИТРОПОЛИТА КИЇВСЬКОГО