

WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL!

A parish of the UOC-USA and the Ecumenical Patriarchate
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |
www.StMichaelUOC.org | Fr. Borislav Kroner

“Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver.” - II Cor. 9:7

June 3, 2018

SERVICE SCHEDULE

Sunday, June 3 – All Saints’ Sunday

8:30 AM Service of Repentance

Tone 8 / Epistle: Heb. 11:33-12:2; **Gospel:** Mt. 10:32-33,37-38-19:27-30

9:00 AM Divine Liturgy

Monday, June 4 – BEGINNING OF APOSTLES’ FAST

Saturday, June 9 – Great Vespers

6:00 PM Great Vespers

Sunday, June 10 – All Saints of Ukraine & North America

Tone 1 / Epistle: Rm. 2:10-16; **Gospel:** Mt. 4:18-23

9:00 AM Divine Liturgy

Saturday, June 16 – Great Vespers

6:00 PM Great Vespers

Sunday, June 17 – All Saints of Halych & Odessa

Tone 2 / Epistle: Rm. 5:1-10; **Gospel:** Mt. 6:22-33

9:00 AM Divine Liturgy

Saturday, June 23 – Great Vespers

6:00 PM Great Vespers

Sunday, June 24 – 4th Sunday after Pentecost / Holy Apostles Bartholomew & Barnabas

Tone 3 / Epistle: Rm. 6:18-23 (**Feast:** Acts 11:19-26,29-30);

Gospel: Mt. 8:5-13 (**Feast:** Lk. 10:16-21)

9:00 AM Divine Liturgy

Remember: even when you are absent, expenses continue.

PARISH NEWS

--**A hearty welcome** to our guests and visitors. Please join us in the church hall after the Divine Liturgy for coffee and fellowship.

--**We extend Birthday greetings to: Gregory Boluch (May 28),** and a special congratulations to **Ian Eichorn**, who recently graduated Magna Cum Laude, from UMass, Amherst, may God grant you both, **Many, Happy Years. Многая літа.**

--**From Father Borislav:** When approaching the chalice for Holy Communion please say your name. **Thank you! Дякую!**

--**A Special “Thank You”** to all who donated items, volunteered time setting up and manning the “store”; you all helped to make our Flea Market a success. **Thank you! Дякую!**

--**Thanks to all who came to help make blankets!** We had a great time..! There is plenty of fabric still left to tie into blankets and so we'll be scheduling another session for those who couldn't make it on Tuesday! Stay Tuned!

--**Next SCRIP date is:** next Sunday, June 10th. **Any questions, please see or email Val Sternadore (valiaws@yahoo.com).**

--**We now have a “Kitchen Giving Tree”** that will allow all parishioners (young and old alike—because what child doesn't like to be part of things)?, to help. We have an “item of the month” donation box in both the vestibule and the church hall. **The item of the month for May: Salt and/or White Vinegar**

--**If you have any ideas** for fund raisers for the church, please let a council member know! And a reminder, please consider our scrip program for gift cards and it's an excellent way for the church to benefit from your gift card purchases!! Remember, they can be used for everyday purchases. **Any questions, please see or email Val Sternadore (valiaws@yahoo.com).**

UPCOMING PARISH EVENTS

* * **Every 1st. Sunday of the month is Ukrainian Sunday,** when a majority of the Divine Liturgy is sung in Ukrainian.

**** Every 1st. Sunday of the month is, also, when we celebrate the Rite of Confession, before the Divine Liturgy at 8:30AM.**

**** Every 2nd. Sunday of the month is our “Open House”, invite your friends to come investigate our Faith Community.**

**** Every last Sunday of the month is Father Borislav’s “15 mins with Father”, a talk aimed at our youth of St. Michael’s, in the church nave, after the Divine Liturgy. “CHILDREN” OF ALL AGES ARE WELCOME.**

****Sunday, June 10th – Annual Parish Meeting, after the Divine Liturgy. Make every effort to attend this important meeting in the life of our parish.****

Sunday, September 9th – St. Michael’s Ukrainian Festival

KITCHEN WORK SESSIONS

Tuesday, June 5: 7:30am make cabbage filling
6:30pm make cabbage balls

Wednesday, June 6: 7:30am pinch cabbage perohe

Tuesday, June 12: 7:30am make cabbage filling
6:30pm make cabbage balls

Wednesday, June 13: 7:30am pinch perohe

Tuesday, June 19: 7:30am peel and mash potatoes, make potato balls

Wednesday, June 20: 7:30am pinch perohe

Tuesday, June 26: 7:30am peel and mash potatoes, make potato balls

Wednesday, June 27: 7:30am pinch perohe

Monday, July 2: 7:30am make fried perohe, 2 batches

Tuesday, July 3: 7:30am make fried perohe, 2 batches

Tuesday, July 10: 7:30am steam cabbage

Wednesday, July 11: 7:30am make holubtsi

Thursday, August 16: 7:30am steam cabbage

Friday, August 17: 7:30am make holubtsi

Tuesday, September 4: 7:30am make fried cabbage

Fasting Guidelines: Apostles' Fast

On **Monday, June 4**, we begin the Apostles' Fast, one of the four canonical fasting periods of the Church year. The Apostles' Fast always begins the Monday following All Saints Sunday and ends on **July 12**, the feast day of Ss. Peter and Paul, Chiefs of the Apostles. The duration of this fast varies each year depending on the date of Pascha (which determines the date of All Saints).

These guidelines are general. *Fasting is a spiritual discipline that should be practiced with the oversight and direction of your spiritual father.* If you have any specific questions about how the fasting discipline applies to you, you should consult your spiritual father.

The general guidelines for the Apostles' Fast are as follows:

Mondays, Wednesdays, And Fridays are Strict Fast Days. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

Tuesdays and Thursdays are Wine and Oil Days. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

Saturdays and Sundays are Fish, Wine, and Oil Days. On these days the fast is further relaxed to permit fish with backbones in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Notes:

1. Meals for the fast should follow the dietary restrictions and be cooked simply. Portions should be smaller than usual.
2. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
3. Generally speaking, children and elderly people are allowed to relax the fast under the guidance of their spiritual father.