

WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL!

A parish of the UOC-USA and the Ecumenical Patriarchate
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |
www.StMichaelUOC.org | Fr. Borislav Kroner

“Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver.” - II Cor. 9:7

July 1, 2018

SERVICE SCHEDULE

THE APOSTLES' FAST IS FROM JUNE 4 - JULY 12

Sunday, July 1 – 5th Sunday after Pentecost

8:30 AM Service of Repentance

Tone 4 / Epistle: Rm. 10:1-10; **Gospel:** Mt. 8:28-9:1

9:00 AM Divine Liturgy, “15 mins with Father” following the Divine Liturgy

Saturday, July 7 – Great Vespers

6:00 PM Great Vespers

Sunday, July 8 – 6th Sunday after Pentecost

Tone 5 / Epistle: Rm. 12:6-14; **Gospel:** Mt. 9:1-8

9:00 AM Divine Liturgy

Saturday, July 14 – Great Vespers

6:00 PM Great Vespers

Sunday, July 15 – 7th Sunday after Pentecost

Tone 6 / Epistle: Rm. 15:1-7; **Gospel:** Mt. 9:27-35

9:00 AM Divine Liturgy

Saturday, July 21 – Great Vespers

6:00 PM Great Vespers

Sunday, July 22 – 8th Sunday after Pentecost

Tone 7 / Epistle: 1 Cor. 10:18; **Gospel:** Mt. 14:14-22

9:00 AM Divine Liturgy

Remember: even when you are absent, expenses continue.

PARISH NEWS

--**A hearty welcome** to our guests and visitors. Please join us in the church hall after the Divine Liturgy for coffee and fellowship.

--**We extend Birthday greetings to: Olga Gaftanyuk (June 30), and Rita Cherkes (July 1),** may God grant you all, **Many, Happy Years. Многая літа.**

■ **From Father Borislav:** When approaching the chalice for Holy Communion please say your name. **Thank you! Дякую!**

--**The John and Anna Zelechivsky Interment Fund:** Todate, we have raised **\$568.00**, over a three week period. Here is a more detailed breakdown of the costs involved in the Zelechivsky Interment. The costs of a burial for the cremations is \$1,090 per person. The cost would have been \$2,180, however, because the Church will be funding their burial, the charge will only be \$1,200. The remaining \$200 is the cost for laying the foundation for their headstone. Therefore making the total **\$1,400**. In addition, there will be the cost of their marker. We have not yet obtained any estimates, at this time, for the marker. **Thank you for your generous contributions.**

■ **Next SCRIP date is: Sunday, July 15th.** Any questions, please see or email Val Sternadore (valiaws@yahoo.com).

--**November 2017-November 2018 is the 85th Anniversary year of the HOLODOMOR:** A nationwide effort has been launched to raise public awareness about the genocidal famine of 1932-1933. We are forming a planning committee to assist with commemoration efforts in Rhode Island this fall. Some ideas being discussed include...
•Having local government (governor and/or mayor) sign a proclamation recognizing Holodomor.
•Fundraising for and installing a Holodomor monument near our Memorial monument on our parish grounds. •A joint memorial service at St. Michael Ukrainian Catholic Church. •Holodomor documentary viewing event open to the public at St. Michael Ukrainian Orthodox Church Parish Hall. Please contact Erika if you would like to be a part of the planning committee or assist

with the commemoration plans once they are underway. **Thank you! Дякую!**

--**We now have a “Kitchen Giving Tree”** ” that will allow all parishioners (young and old alike—because what child doesn’t like to be part of things)?, to help. We have an “item of the month” donation box in both the vestibule and the church hall. **The item of the month for June & July: Poppysseed, Cherry, Apricot and Prune pie fillings and chopped nuts.**

--**If you have any ideas** for fund raisers for the church, please let a council member know! And a reminder, please consider our scrip program for gift cards and it’s an excellent way for the church to benefit from your gift card purchases!! Remember, they can be used for everyday purchases. **Any questions, please see or email Val Sternadore (valiaaws@yahoo.com).**

UPCOMING PARISH EVENTS

* * **Every 1st. Sunday of the month is Ukrainian Sunday**, when a majority of the Divine Liturgy is sung in Ukrainian.

* * **Every 1st. Sunday of the month is, also, when we celebrate the Rite of Confession**, before the Divine Liturgy at 8:30AM.

* * **Every 2nd. Sunday of the month is our “Open House”**, invite your friends to come investigate our Faith Community.

* * **Every last Sunday of the month is Father Borislav’s “15 mins with Father”**, a talk aimed at our youth of St. Michael’s, in the church nave, after the Divine Liturgy. **“CHILDREN OF ALL AGES ARE WELCOME.**

Sunday, September 9th – St. Michael’s Ukrainian Festival

KITCHEN WORK SESSIONS

Thursday, July 5: 7:30am - make fried perohe, 2 batches

Friday, July 6: 7:30am - make fried perohe, 2 batches

Tuesday, July 10: 7:30am - steam cabbage

Wednesday, July 11: 7:30am - make holubtsi

Thursday, August 16: 7:30am - steam cabbage

Friday, August 17: 7:30am - make holubtsi

Tuesday, September 4: 7:30am - make fried cabbage

Fasting Guidelines: Apostles' Fast

On Monday, June 4, we begin the Apostles' Fast, one of the four canonical fasting periods of the Church year. The Apostles' Fast always begins the Monday following All Saints Sunday and **ends on July 12**, the feast day of Sts. Peter and Paul, Chiefs of the Apostles. These guidelines are general. Fasting is a spiritual discipline that should be practiced with the oversight and direction of your spiritual father. If you have any specific questions about how the fasting discipline applies to you, you should consult your spiritual father.

The general guidelines for the Apostles' Fast are as follows:

Mondays, Wednesdays, And Fridays are Strict Fast Days. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

Tuesdays and Thursdays are Wine and Oil Days. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

Saturdays and Sundays are Fish, Wine, and Oil Days. On these days the fast is further relaxed to permit fish with backbones in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Notes:

1. Meals for the fast should follow the dietary restrictions and be cooked simply. Portions should be smaller than usual.
2. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
3. Generally speaking, children and elderly people are allowed to relax the