

WELCOME TO THE GOD-LODING & GOD-PROTECTED PARISH OF ST. MICHAEL'S!

A parish of the UOC-USA and the Ecumenical Patriarchate
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 |
www.StMichaelUOC.org | Fr. Borislav Kroner

"Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver." - II Cor. 9:7

July 2, 2023

SERVICE SCHEDULE

Sunday, July 2: 4th Sunday after Pentecost / Holy Apostle Jude, the Brother of the Lord – FISH, OIL & WINE PERMITTED

Tone 3 / Epistle: Rom. 6:18-23; Gospel: Mt. 8:5-13

9:00AM Divine Liturgy – Live video broadcast on our Facebook

page: https://www.facebook.com/StMichaelUOC/

WEEKDAY SCRIPTURE READINGS

The Apostolic Fast

Mon., July 3: Hieromartyr Methodius, bishop of Patara – STRICT

FAST

Epistle: Rom. 12:4-5, 15-21; Gospel: Mt. 12:9-13

Tues, July 4: Martyr Julian of Tarsus in Cilicia – WINE & OIL

PERMITTED

Epistle: Rom. 14:9-18; Gospel: Mt. 12:14-16, 22-30

Wed., July 5: Hieromartyr Eusebius, bishop of Samosata –

STRICT FAST

Epistle: Rom. 15:7-16; Gospel: Mt. 12:38-45

Thur, July 6: Martyr Agrippina of Rome – WINE & OIL

PERMITTED

Epistle: Rom. 15:17-29; Gospel: Mt. 12:46-13:3

Fri., July 7: Nativity of St. John the Baptist – STRICT FAST

Epistle: Rom. 13:12-14:4; Gospel: Lk. 1:1-25, 57-68, 76, 80

Sat., July 8: Virgin-martyr Febronia of Nisibis – FISH, OIL & WINE

PERMITTED

Epistle: Rom. 8:14-21; Gospel: Mt. 9:9-13

Sunday, July 9: 5th Sunday after Pentecost / St. David of

Thessalonica - FISH, OIL & WINE PERMITTED

Tone 4 / Epistle: Rom. 10:1-10; Gospel: Mt. 8:28 – 9:1

9:00AM Divine Liturgy - Live video broadcast on our Facebook

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Remember: even when you are absent, expenses continue

SCRIPTURE READINGS: SUNDAY, JULY 2, 2023

Romans 6:18-23 (Epistle)

BRETHREN, having been set free from sin, you became slaves of righteousness. I speak in human terms because of the weakness of your flesh. For just as you presented your members as slaves of uncleanness, and of lawlessness leading to more lawlessness, so now present your members as slaves of righteousness for holiness. For when you were slaves of sin, you were free in regard to righteousness. What fruit did you have then in the things of which you are now ashamed? For the end of those things is death. But now having been set free from sin, and having become slaves of God, you have your fruit to holiness, and the end, everlasting life. For the wages of sin is death, but the gift of God is eternal life in Christ Jesus our Lord.

Matthew 8:5-13 (Gospel)

At that time, as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with

soldiers under me; and I say to one, 'Go, ' and he goes, and to another, 'Come, ' and he comes, and to my slave, 'Do this, ' and he does it." When Jesus heard him, he marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

PARISH NEWS

--WE EXTEND BIRTHDAY GREETINGS TO: Olga Gaftanyuk (June 30), may God grant you, Many, Happy Years! Многая літа!
--2ND COLLECTION</sup> for June & July will be for kitchen resources.
Thank you!

--UKRAINIAN FESTIVAL 2023 COMMITTEE: is asking parishioners for their assistance in soliciting sponsors for our Ukrainian Festival in September. Please see these links to download letter that can be given to potential festival sponsors. If you have any questions, please contact Sue Chase: susanjchase@yahoo.com

FOR RAFFLE SPONSORS: <u>festival_raffle_letter_2023.pdf</u> (mcusercontent.com)

FOR FESTIVAL SPONSORS: <u>festival sponsor letter 2023.pdf</u> (mcusercontent.com)

has a contract with Pyne Sand and Gravel Co. to excavate and to remove gravel from an area of about 12 acres within their cemetery. They are expecting the project to take a minimum of two years. The plan is to remove between 30 -36 truckloads of gravel per day. The operation will take place Monday thru Friday between 7am – 5pm and Saturday 9am – 12 pm. Be aware that you may encounter quite a bit of activity involved on the shared road. If you have any questions or concerns, contact a Parish Board member.

--KITCHEN SESSIONS FOR UKRAINIAN FESTIVAL-2023:

All sessions begin at 8:30 am

Mon. July 10 Potato filling / Tues. July 11 Potato Varenyky

Mon. July 17 Potato filling / Tues. July 18 Potato Varenyky

Tues. Aug 1 Kapusta

UPCOMING PARISH & INTER-PARISH EVENTS

--Saturday, July 8 - North Smithfield Heritage Day:

9am: Slatersville Walking Tour (National Park Service Rangers) /

10am: Local Vendor sales at Town Hall / 11am: Kids Day at Pacheco

Park / 1pm: Slatersville Cemetery Walking Tour / 4pm: Walking

Tour of the Blunders

--Saturday, August 26 - Jamestown Festival

--Sunday, Sept. 10 - St. Michael's Ukrainian Festival

UOL CORNER

--<u>UOL'S MISSION STATEMENT</u>: "The Ukrainian Orthodox League is a national volunteer organization of members in the Ukrainian Orthodox Church of the USA, who are committed to promoting the Orthodox Faith, supporting the Church, developing the potential of our youth and their active participation in the life of the Church, and preserving Ukrainian heritage and culture."

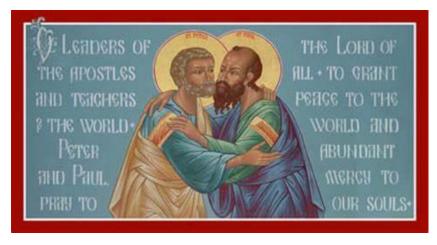
-- **UOL MOTTO:** "Dedicated to our Church, Devoted to Its Youth"

-- MEMBERSHIP IN THE UOL: Anyone wishing to join us in our ministries, please contact Erika Namaka or Janice Meschisen.

Janice: bridesong150@gmail.com Erika: einamaka@gmail.com

--Sunday, September 24, during the coffee hour will be a meeting of the UOL.

APOSTLES' FAST



Duration of the Fast of the Apostles:

The Fast starts on the second Monday after Pentecost (June 12) and ends on July 11.

Fasting Rules of the Fast of the Holy Apostles:

Monday, Wednesday, Friday: Strict fast.

Tuesday, Thursday: Oil and wine permitted.

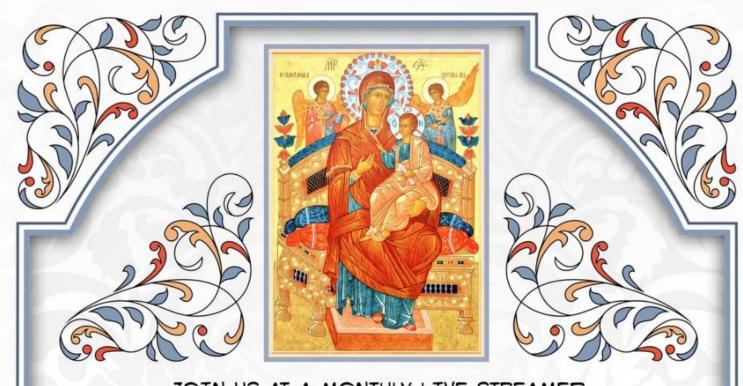
Saturday, Sunday: Fish, oil and wine permitted.

Health Concerns:

During fasting seasons, avoiding prohibited foods poses no health risk as long as adequate amounts of other foods are taken. Calcium intake and adequate calories may be a concern for growing children and pregnant and nursing mothers. Calcium-fortified orange juice is an easy way to guarantee plentiful calcium intake while avoiding dairy products. Nuts and nut butters are a good source of calories for those who need to maintain weight on a Lenten diet.

If you are new to fasting, you may find the onset of hunger pangs distressing. Hunger pangs are not harmful; they are simply part of the fast. The first few days of a long fasting period are often the most difficult. Do not be discouraged by headaches, fatigue, etc. at the beginning of a fasting season — they will disappear or reduce in intensity. If you are troubled by lethargy, try moderate exercise. A short walk can make a surprising difference in your energy.

The rules given here are of course only one part, the most external part, of a true fast, which will include increased prayer and other spiritual disciplines, and may include resolutions to set aside other aspects of our day-to-day life (such as caffeine or television), or to take up practices such as visiting the sick.



JOIN US AT A MONTHLY LIVE STREAMED CELEBRATION OF AN AKAPHIST TO

ПРИЄДНУЙТЕСЯ ДО ЩОМІСЯЧНОЇ ПРЯМОЇ ТРАНСЛЯЦІЇ СЛУЖІННЯ АКАФІСТА

ТНЕ МОТНЕК ОБ GOD - QUEEN OF ALL КОГОРОДИЦІ ВСЕЦАРИЦЯ

BESEECHING HER INTERCESSION FOR THE HEALING OF ALL THOSE SUFFERING FROM CANCER AND OTHER DISEASES MONTH II BACTYPHULTBA AND SUINEHHE BIA PAKY TA IHWIX XBOPOE

First Thursday of each month 5 January 2023 at 7:00pm

Перший четвер кожного місяця 5 січня 2023 року о 19:00 год

Please submit the names of those you wish to pray for to: uocofusa@aol.com with the subject - PRAYERS

Будь ласка, надішліть імена тих, за кого ви бажаєте молитися: uocofusa@aol.com з темою - МОЛИТВИ

Future dates: 5 Jan, 2 Feb, 2 Mar, 6 April, 4 May, 1 June, 6 July, 3 Aug...

Майбутні дати: 5 січня, 2 лютого, 2 березня, 6 квітня, 4 травня, 1 червня, 6 липня, 3 серпня...







2
APOSTLE JUDE, THE BROTHER OF THE LORD

АПОСТОЛА ІУДИ, БРАТА ГОСПОДНЯ

7
NATIVITY OF ST. JOHN THE BAPTIST
РІЗДВО ХРЕСТИТЕЛЯ ГОСПОДНОГО ІОАНА

12
THE HOLY, GLORIOUS AND ALL-PRAISED
LEADERS OF THE APOSTLES, PETER AND
PAUL

СЛАВНИХ І ВСЕХВАЛЬНИХ ПЕРВОВЕРХОВНИХ АПОСТОЛІВ ПЕТРА І ПАВЛА

13
SYNAXIS OF THE HOLY, GLORIOUS AND
ALL-PRAISED TWELVE APOSTLES

СОБОР СЛАВНИХ І ВСЕХВАЛЬНИХ 12-ТИ АПОСТОЛІВ

15
THE PLACING OF THE HONORABLE ROBE OF THE MOST HOLY THEOTOKOS AT BLACHERNAE

ПОКЛАДЕННЯ ЧЕСНОЇ РИЗИ ПРЕСВЯТОЇ БОГОРОДИЦІ У ВЛАХЕРНІ

23

VEN. ANTHONY OF THE KYIV CAVES AND VEN. SILOUAN OF THE FAR CAVES IN KYIV ПРП. АНТОНІЯ ПЕЧЕРСЬКОГО, КИЇВСЬКОГО, НАЧАЛЬНИКА ВСІХ ЧЕНЦІВ РУСИ-УКРАЇНИ І ПРП. СИЛУАНА, СХИМНИКА ПЕЧЕРСЬКОГО, В ДАЛЬНІХ ПЕЧЕРАХ

24 BLESSED EQUAL-TO-THE-APOSTLES OLHAРІВНОАП. ОЛЬГИ

26 SYNAXIS OF THE HOLY ARCHANGEL GABRIEL СОБОР АРХАНГЕЛА ГАВРИЇЛА

28
BAPTISM OF RUS-UKRAINE HOLY
EQUAL-TO-THE-APOSTLES GREAT PRINCE
VOLODYMYR

XРЕЩЕННЯ РУСИ-УКРАЇНИ РІВНОАП. ВЕЛ. КН.
ВОЛОДИМИРА

GREAT-MARTYR MARINA (MARGARET)
ВМЦ. МАРИНИ (МАРГАРИТИ)