

**WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL'S!**

*A parish of the UOC-USA and the Ecumenical Patriarchate*  
74 Harris Ave. Woonsocket, RI 02895 | 401.762.3939 | www.StMichaelUOC.org | Fr. Borislav Kroner

*“Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver.” - II Cor. 9:7*

*Income and Expenses/Operations*  
*April / May / June, 2017*

April: Income: \$15,685.50  
Expenses: \$17,504.06  
Loss: \$1,818.56

May: Income: \$9,196.68  
Expenses: \$10,838.25  
Loss: \$1,641.57

June: Income: \$7,576.27  
Expenses: \$9,143.00  
Loss: \$1,566.73

2<sup>nd</sup> Qtr Total:  
**Loss: \$5,026.86**

***July 9, 2017***

***SERVICE SCHEDULE***

**Sunday, July 9<sup>th</sup> 5<sup>th</sup> Sunday after Pentecost**

Tone 4

Epistle: Rom. 10:1-10 / Gospel: Mt. 8:28-9:1

**9:00AM** Divine Liturgy

**Tuesday, July 11<sup>th</sup>**

**6:00 PM** Great Vespers for the Feast of Sts. Peter & Paul with Litia

**Wednesday, July 12<sup>th</sup> Feast of Sts. Peter & Paul**

**10:00AM** Moleben to Sts. Peter & Paul

**END OF THE APOSTLES' FAST**

**Saturday, July 15<sup>th</sup>**

**6:00 PM** Great Vespers [**CANCELED** due to Church/Grounds Cleaning Day]

**Sunday, July 16<sup>th</sup>** **6<sup>th</sup> Sunday after Pentecost**

Tone 5

Epistle: Rom. 12:6-14 / Gospel: Mt. 9:1-8

**9:00AM** Divine Liturgy

**Saturday, July 22<sup>nd</sup>**

**6:00 PM** Reader's Vespers

**Sunday, July 23<sup>rd</sup>** **7<sup>th</sup> Sunday after Pentecost**

Tone 6

Epistle: Rom. 15:1-7 / Gospel: Mt. 9:27-35

**9:00AM** Typica/ Obidna Service (**Fr. Borislav will be away**)

**Saturday, July 29<sup>th</sup>**

**6:00 PM** Great Vespers [**CANCELED** due to UOL Convention]

**Sunday, July 30<sup>th</sup>** **8<sup>th</sup> Sunday after Pentecost / Commemoration of the Holy Fathers of the First Six Ecumenical Councils**

Tone 7

Epistle: 1 Cor. 1:10-18 (Sunday); Heb. 13:7-16 (Holy Fathers)

Gospel: Mt. 14:14-22 (Sunday); Jn. 17:1-13 (Holy Fathers)

**9:00AM** Divine Liturgy

**Saturday, Aug. 5<sup>th</sup>**

**6:00 PM** Great Vespers

**Sunday, Aug. 6<sup>th</sup>** **9<sup>th</sup> Sunday after Pentecost / Holy Passion-bearers Borys and Hlib of Rus**

Tone 8

Epistle: 1 Cor. 3:9-17 (Sunday); Rom. 8:28-39 (Passion-bearers)

Gospel: Mt. 14:22-34 (Sunday); Jn. 15:17-16:2 (Passion-bearers)

**8:30 AM** Service of Repentance

**9:00AM** Divine Liturgy

**Saturday, Aug. 12<sup>th</sup>**

**6:00 PM** Great Vespers

**Sunday, Aug. 13<sup>th</sup>** **10<sup>th</sup> Sunday after Pentecost / Forefeast of the Procession of the Precious and Life-giving Cross of the Lord**

Tone 1

Epistle: 1 Cor. 4:9-16 / Gospel: Mt. 17:14-23

**9:00AM** Divine Liturgy

**LAST DAY BEFORE THE DORMITION FAST**

**Monday, Aug. 14<sup>th</sup> Procession of the Precious and Life-giving Cross of the Lord**  
**BEGINNING OF THE DORMITION FAST**

*Remember: even when you are absent, expenses continue.*

**PARISH NEWS**

A hearty welcome to our guests and visitors. Please join us in the church hall after the Divine Liturgy for coffee and fellowship.

We extend birthday greetings to: **Sandra Bucci (July 5<sup>th</sup>)**, **Tyler Baker (July 7<sup>th</sup>)** and a blessed wedding anniversary to **Anatole & MaryAnn Grintchenko (July 7<sup>th</sup>)**, may God grant you all **Many, Happy Years. Многая літа**

The Ladies Sodality is asking for a donation of a clean, older electric blanket for the kitchen. As well as: Donations of 5# bags of Gold Medal all-purpose flour (bleached or unbleached) and gallon jugs of Wesson vegetable or Mazona corn oil. **Thank you! Дякую!**

**Church & Grounds**

**~Cleaning Day!~**

**Saturday July 15th (rain date July 22nd)**

*Come help prepare our Church, Hall and grounds for Convention!*

**Starting at 8am**

**(if you'd like to come earlier and do some outside work please feel free!)**

**All-day cleaning spree!**

**We are looking for volunteers to help with cleaning the Church, the Church yard, landscaping, cleaning parking lot, Church Hall, etc.**

**All are welcome!**

**Food and fellowship will be provided! :)**

**Please bring any supplies, detergents, cleansers, dust cloths, paper towels, buckets, extension cords, ironing boards, irons, rakes, shovels, trash bags, or anything else you can think of...**

*Thank you and  
Hope to see you there!*

*From Father Borislav: When you fill out the names to be remembered at the Proskomedie, please print the names, instead of writing them. Also, when approaching the chalice for Holy Communion please say your name to Father. Thank you! Дякую!*

**Our Convention is at the end of the month!! Many parishioners have been asking us, "How can we help?" Here are just a few ways to get involved.**

**RAFFLE BASKETS:** Can you donate a raffle basket for the Convention Raffle table? We will also accept donations and will create a basket on your behalf.

**SPONSOR A SEMINARIAN:** Please consider making a contribution to help defray the costs of registration for the Seminarians of St. Sophia's.

**VOLUNTEER AT CONVENTION:** We will need some assistance during the Convention. Can you mind the Baba's Attic shop? Sell raffle tickets at our Raffle Table. Be a runner or help attendees who need rides.

We are working on a full schedule of tasks and will have sign-up sheets available soon.

**ATTEND OUR WEEKLY PLANNING MEETINGS:** We are going to try to meet every Sunday at Coffee Hour from now until July 23rd.

**LAST BUT NOT LEAST:** All parishioners are cordially invited to attend all Convention meals and events! While the business meetings are for registered Convention attendees, everyone is invited, and encouraged, to join us for our trip to Newport, clambake in Jamestown, Dinner and Pirate show at the Village Haven, the Banquet, and meals and religious services that will take place at the Crown Plaza.

### **IMPORTANT CONVENTION FUNCTION NEWS !!**

Our UOL has received an "endowment" from an anonymous benefactor who has asked that we make our convention functions more affordable so that more parishioners can attend.

To that end, we have been able to reduce the costs of the functions (**for parishioners only**) to cost (or lower) of each function being held.

Please consider joining us!

#### **Thursday- July 27, 2017**

Brunch Only \$30

Dinner/Show Village Haven \$35

#### **Friday- July 28, 2017**

Boxed lunch from hotel, bus trip to Newport, Mansion tour, shopping and bus to Jamestown Fort Getty/Clambake dinner and return bus trip to back to hotel \$60

#### **Saturday- July 29, 2017**

Banquet \$50 Banquet children's meal \$25

#### **Sunday- July 30, 2017**

Brunch at St. Michael's – complements of the Ladies Sodality. (**but please RSVP so we have an accurate head count!**)

**RESERVATIONS ARE DUE NO LATER THAN JULY 23rd!**

**Completed forms should be given to Janice.**

**Thank you  
and hope you can join us!!**

Can you help??? We are in need of some coffee hour volunteers!! Your “turn” would come up 2 to 3 times during the year. Explanation will be given on what is needed and how to set up, etc. Please see Cindy Charest to add your name. (The more volunteers we have, the fewer times we each have to volunteer!) Please give it your consideration! **Thank you Дякую!**

**Fundraiser:** At this year’s UOL Convention, we are doing a Service Project on Saturday of that week. In order to do this we will need monetary donations to purchase identical items. The Service Project will be organizing backpacks for the local school children. **Thank you! Дякую!**

**Have you started your spring cleaning yet?? Save your stuff for us AND CLOTHING DRIVE!** Items and clothing can be brought to the church basement during coffee hour. Please use white kitchen bags (no boxes, please) for your clothing as they are easier for us to lift. Also, do not bring electronic devices (tv, computers and similar items). **Thank you! Дякую!**

Our coffee hours are offered each week for fellowship and sustenance for those who have fasted. While the donations put in the basket are voluntary, they are not nearly meeting the expenses of hosting the coffee hours. Please use a guideline of at least a \$1 donation per person for coffee hour. Your donation benefits our UOL groups. **Thank you! Дякую!**

We now have a church calendar for events on the counter of the kitchen at the “window” area. If you (church school, parish board, kitchen etc) have something coming up, please put it on the calendar and check with a board member to be sure it’s ok. We would just like to keep up with all activities and not have conflicts. **Thank you! Дякую!**

If you have any ideas for fund raisers for the church, please let a council member know! And a reminder, please consider our scrip program for gift cards is an excellent way for the church to benefit from your gift card purchases!! See Val Sternadore for more info.

### **KITCHEN SESSIONS:**

**Monday, July 10, 7:30 a.m.,** fried Perohe, 3 batches

**Wednesday, July 12, 7:30 am,** fried Perohe, 3 batches

### **UPCOMING EVENTS**

**July 26-30<sup>th</sup> - UOL Convention!!**

## *St. David of Thessaloniki*

*Commemorated on June 26 / July 9*

Saint David of Thessalonica pursued asceticism at the monastery of the holy Martyrs Theodore and Mercurius. Inspired by the example of the holy stylites, he lived in an almond tree in constant prayer, keeping strict fast, and enduring heat and cold. He remained there for three years until an angel told him to come down.

St David received from God the gift of wonderworking, and he healed many from sickness. The holy ascetic gave spiritual counsel to all who came to him. Having attained to passionlessness, he was like an angel in the flesh, and he was able to take hot coals into his hands without harm. He died the year 540.

<https://oca.org/saints/lives/2017/06/26/101817-st-david-of-thessaloniki>

### **Fasting Guidelines: Apostles' Fast 2017**

The Apostles' Fast always begins the Monday following All Saints Sunday and ends on **July 12**, the feast day of Ss. Peter and Paul, Chiefs of the Apostles. The duration of this fast varies each year depending on the date of Pascha (which determines the date of All Saints).

This post will provide you with the fasting guidelines for the Apostles' Fast for this year

These guidelines are general. Fasting is a spiritual discipline that should be practiced with the oversight and direction of your spiritual father. If you have any specific questions about how the fasting discipline applies to you, you should consult your spiritual father.

**The general guidelines for the Apostles' Fast are as follows:**

**MONDAYS, WEDNESDAYS, and FRIDAYS** are *Strict Fast Days*. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

**TUESDAYS and THURSDAYS** are *Wine and Oil Days*. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

**SATURDAYS and SUNDAYS** are *Fish, Wine, and Oil Days*. On these days the fast is further relaxed to permit fish with backbones in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

#### **Notes:**

1. Meals for the fast should follow the dietary restrictions and be cooked simply. Portions should be smaller than usual.
2. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
3. Generally speaking, children and elderly people are allowed to relax the fast under the guidance of their spiritual father.

<http://www.allsaintsnc.org/fasting-guidelines-apostles-fast-2017/>