WELCOME TO THE GOD-LOVING & GOD-PROTECTED PARISH OF ST. MICHAEL!

A parish of the UOC-USA and the Ecumenical Patriarchate
74 Harris Ave. Woonsocket, RI 02895 | **401.762.3939** |
www.StMichaelUOC.org | Fr. Borislav Kroner

"Each one shall give what he has decided in his own mind, not Grudgingly or because he is made to - for God loves a cheerful giver." - II Cor. 9:7

August 18, 2019

SERVICE SCHEDULE

Sunday, Aug. 18th – 8th Sunday after Pentecost
Tone 8 / Epistle: 1 Cor. 3:9-17**; Gospel:** Mt. 14:22-34
9:00AM Divine Liturgy
6:00PM Great Vespers w/ Litia for the Holy Transfiguration

Weekday Scripture Readings:
Monday, Aug. 19th – Feast of the Holy Transfiguration
Epistle: 2 Pet. 1:10-19**; Gospel:** Mt. 17:1-9
10:00AM Divine Liturgy ***followed by the blessing of fruit***

Tue., Aug. 20: **Epistle:** 1 Cor. 15:29-38; **Gospel:** Mt. 21:23-27
Wed., Aug. 21: **Epistle:** 1 Cor.16:4:12**; Gospel:** Mt. 21:28-32
Thur., Aug. 22: **Epistle:** 2 Cor. 1:1-7; **Gospel:** Mt. 21:43-46
Fri., Aug. 23: **Epistle:** 2 Cor. 1:12-20; **Gospel:** Mt. 22:23-33
Sat., Aug. 24: **Epistle:** Rom. 15:30-33; **Gospel:** Mt. 17:24-18:4

Saturday, Aug. 24th – Great Vespers
6:00PM Great Vespers

Sunday, Aug. 25th – 8th Sunday after Pentecost
Tone 1 / Epistle: 1 Cor. 4:9-16**; Gospel:** Mt. 17:14-23
9:00AM Divine Liturgy ***followed by 2nd blessing of fruit***

Remember: even when you are absent, expenses continue.

PARISH NEWS

--A hearty welcome to our guests and visitors. Please sign our Guest Book, and include either your mailing &/or email address, so we can keep you informed of parish events and be sure to join us in the church hall after the Divine Liturgy for coffee and fellowship.

--We extend birthday greetings: to **Justin Abrahamson (Aug. 16), Caden Victor Sulo (Aug. 17) and Wedding Anniversary Greetings to: Nicholas & Victoria Morgan (Aug. 17),** may God grant you all **Many, Happy Years. Многая літа.**

--We are seeking baskets and gifts for the penny social table at the festival. Please help if you can. Best sought after items are gift cards (get them from our scrip program and we get a kickback!), liquor, toys and anything unique. We accept your donations of regifted items if they are new and still in their boxes!! Drop your items off in the hall. **Thank you!**

--To encourage parishioners renting the Hall, the Board has lowered the fee to $100.

--Shaw's is running some sales on picnic type of items like soda, condiments, etc.). The prices were pretty good (5/$10 on a twelve pack of Coke). May be worth it for people considering donating for the festival.

--The Special Collection for the remainder of the Summer will be for the repair of headstones at the cemetery, where there are no surviving family members. Please be generous and **Thank you**.

--We will be planning a "Welcome Back" St. Michael's Reunion on Oct. 27. More details to come! Please contact Patty or Sue if you would like to help out with these efforts. **pbourgery@comcast.net or susanjchase@yahoo.com**

--Please consider our Scrip Program for gift cards and it's an excellent way for the church to benefit from your gift card purchases!! Remember, they can be used for everyday purchases.

They can also be used to buy gifts for others, and to donate to our upcoming festival as a raffle item or to the kitchen/bar (grocery cards...)... Our next Scrip date is, **TODAY, August 18th and Sept. 22nd**. Also, you can get in touch with Val and she can send you an invitation to do your Scrip orders online. Its very simple. If Val should not be available on any of these days, please give your orders to Fr. Vasyl and he'll pass them on to Val. Any questions, please see or email **Val Sternadore (valiaws@yahoo.com).**

KITCHEN WORK SESSIONS

Tues., August 20, 7:30am 1/2 batch holubtsi (90# cabbage)

Thur., Sept 5, 7:30am fried perohe, 3 batches (42# potatoes)
Fri., Sept 6, 7:30am fried cabbage

UPCOMING PARISH EVENTS

Sunday, September 8th – Parish Festival, after Divine Liturgy

Sunday, September 15 — Welcome Back to Church School Picnic & Sr. UOL Meeting

Wednesday, September 18 – Parish Board Meeting @ 6:30PM

Wednesday, October 16 – Parish Board Meeting @ 6:30PM

Wednesday, Oct. 16th – thru Saturday, Oct. 19th – UOCofUSA Sobor XXII

Sunday, October 27 – St. Michael's Reunion

Fasting Guidelines: Dormition Fast 2019

On Wednesesday, August 28, we will celebrate the Dormition of our Most Holy Lady, the Theotokos and Ever-virgin Mary. In preparation for this great feast of the Mother of God, we observe a two-week period of fasting from August 14-28.

Note that these fasting guidelines are general. Fasting is a spiritual discipline that should be practiced with the oversight and direction of your spiritual father. If you have any specific questions about

how the fasting discipline applies to you, you should consult your spiritual father.

The general guidelines for the Dormition Fast are as follows:

WEEKDAYS are *Strict Fast Days*. On these days we abstain from meat, dairy, fish with backbones, fowl, wine, and oil.

SATURDAYS and **SUNDAYS** are *Wine and Oil Days*. On these days the fast is relaxed to permit wine and oil, but we still abstain from meat, dairy, fish with backbones, and fowl.

The one exception to these general rules is that the ***Great Feast of the Holy Transfiguration of our Lord, God, and Savior Jesus Christ*** (August 19), which always falls during the Dormition Fast, is celebrated as a *Fish, Wine, and Oil Day*. On this great feast day, the fast is relaxed to permit fish with backbones, in addition to wine and oil, but we still abstain from meat, dairy, and fowl.

Notes:

1. Meals for the fast should follow the dietary restrictions and be cooked simply. Portions should be smaller than usual.
2. If you have a medical condition that requires you to relax the fasting guidelines, then do so.
3. Generally speaking, children and elderly people are allowed to relax the fast under the guidance of their spiritual father.

Everyone is affected by cancer in one way or another!

Make Your Dormition Lent More Meaningful this Year!

PLEASE JOIN US….

…In prayer as we give comfort and support to victims and their families of this terrible disease

…In almsgiving as we raise funds to donate to the St. Jude's Children's Research Hospital. This hospital is a cancer research and treatment center that does not charge their patients for treatment, travel, housing or food. Please use the link on the UOL website: **uolofusa.org** to help our efforts.

THANK YOU FOR YOUR HELP AND SUPPORT!